The Spillover Effects of Motivational Processes in a Dual Task Setting

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(ABSTRACT)

The present study set out to examine whether negative goal-performance discrepancy (GPD) feedback for one task could have a negative effect on goal-setting associated with an unrelated, distinct task. A series of hierarchical regression analyses were conducted. Results show that large versus small negative GPD feedback on a creativity task impacted levels of specific self-efficacy for a stock-predicting task, which indicated a motivational spillover effect. However, large negative GPD on the creativity task was not evidenced to impact performance goals for the stock-predicting task, as hypothesized. Results also indicate that the larger the magnitude of negative GPD feedback, the more individuals experienced an increase in negative mood and decrease in positive mood, however mood was not evidenced to impact performance goals.
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