GROWTH HORMONE AND NUTRITIONAL REGULATION OF INSULIN-LIKE GROWTH FACTOR-I GENE EXPRESSION

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Key Words: Insulin-like growth factor-I, Growth hormone, Nutrition, Signal transducer and activator of transcription 5, Transcriptional regulation

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(ABSTRACT)

The objectives of this research were to characterize insulin-like growth factor-I (IGF-I) gene expression in cattle, to determine how IGF-I gene expression is affected by nutritional intake and growth hormone (GH) in cattle, and to identify the regulatory DNA region that mediates GH stimulation of IGF-I gene expression. It was found that transcription of the IGF-I gene in cattle was initiated from both exon 1 and exon 2, generating class 1 and class 2 IGF-I mRNA, respectively. Both classes of IGF-I mRNA appeared to be ubiquitously expressed, with the highest level in liver and with class 1 being more abundant than class 2 in all tissues examined. Class 1 IGF-I mRNA may be also translated more efficiently than class 2 IGF-I mRNA. Liver expression of IGF-I mRNA was decreased ($P < 0.01$) by food deprivation in cattle, and this decrease was due to an equivalent decrease in both classes of IGF-I mRNA. Liver expression of IGF-I mRNA was increased ($P < 0.01$) by GH, and this increase resulted mainly from increased expression of class 2 IGF-I mRNA. Using cotransfection analyses, a ~700 bp chromosomal region ~75 kb 5' from the first exon of the human IGF-I gene was found to enhance reporter gene expression in the presence of constitutively active signal
transducer and activator of transcription 5 (STAT5) proteins, transcription factors that are known to be essential for GH-increased IGF-I gene expression. This 700 bp DNA region contains two STAT5-binding sites that appear to be conserved in mammals including cattle. Electrophoretic mobility shift assays and cotransfection analyses confirmed their ability to bind to STAT5 proteins and to mediate STAT5 activation of gene expression, respectively. Chromatin immunoprecipitation assays indicated that overexpressed constitutively active STAT5b protein bound to the chromosomal region containing these two STAT5-binding sites in Hep G2 cells, and this binding was associated with increased expression of IGF-I mRNA. These two STAT5-binding sites were also able to mediate GH-induced STAT5 activation of gene expression in reconstituted GH-responsive cells. These results together suggest that the distal DNA region that contains two STAT5-binding sites may mediate GH-induced STAT5 activation of IGF-I gene transcription in vivo.

**Key Words:** Insulin-like growth factor-I, Growth hormone, Nutrition, Signal transducer and activator of transcription 5, Transcriptional regulation
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Introduction

Insulin-like growth factor-I (IGF-I) is a key stimulator of growth and development in animals. The production of IGF-I in the body is controlled by growth hormone (GH) and nutritional status. Growth hormone, a hormone that itself plays an essential role in postnatal growth in animals, stimulates IGF-I gene expression, and for this relationship, most of the growth-stimulating effects of GH are believed to be mediated by IGF-I. Increased nutritional intake is often associated with increased IGF-I concentration in the circulation and increased growth, whereas decreased nutritional intake usually leads to decreased IGF-I concentration in the blood and growth retardation, a potential mechanism for reserving energy for the brain during undernutrition. The mechanisms by which GH and nutritional status regulate IGF-I production in animals are not fully understood. Therefore, the research reported in this dissertation was conducted toward a better understanding of these mechanisms. Most of this dissertation research was targeted to cattle, because cattle are agriculturally important animals and understanding how GH and nutritional intake regulate IGF-I gene expression in them might help develop novel approaches to improving their productivity. In rodents and humans the IGF-I gene is expressed as mRNA variants that differ in the 5’ and 3’ ends. It was not known whether the IGF-I gene is expressed in a similar manner in cattle. This dissertation research was therefore started with cloning and characterizing the bovine IGF-I mRNA variants. The second part of this dissertation research was conducted to determine how the expressions of different IGF-I mRNA variants in cattle were affected by GH and food deprivation, an extreme situation of undernutrition. The last portion of
this dissertation research was focused on identifying the regulatory DNA region that mediates GH stimulation of IGF-I gene expression, a long-standing question in studying the mechanism of GH regulation of IGF-I gene expression.
Chapter I
Review of Literature

Introduction

Insulin-like growth factor-I and II (IGF-I and IGF-II) were initially discovered by their ability to mediate the stimulating effect of growth hormone (GH) on matrix protein synthesis in hypophysectomized rats, as determined by a sulfate incorporation assay (Salmon and Daughaday, 1957). Besides their growth-promoting effects (Daughaday and Reeder, 1966; Zingg and Froesch, 1973), these factors also displayed many of the biological activities of insulin (Antoniades et al., 1958; Froesch et al., 1963). In 1976, these factors were purified from human serum (Rinderknecht and Humbel, 1976), and sequencing of them revealed that they shared ~ 70% amino acid (aa) residues (Rinderknecht and Humbel, 1978a, b), and ~ 50% homologous to human proinsulin. For this reason, they were named insulin-like growth factor-I (IGF-I) and insulin-like growth factor-II (IGF-II).

Despite structural similarities, IGF-I and IGF-II are distinct in many other aspects, including tissue distribution, functions, and mechanism of action. In this review, I will focus on IGF-I, as my dissertation research is centered on IGF-I. I will review the structure and function of IGF-I, the mechanism of IGF-I action, and IGF-I gene expression as well as regulation of IGF-I gene expression.

Mature IGF-I Protein

In most species, the mature IGF-I protein is a 70 aa, single chain polypeptide containing an amino-terminal B region of 29 aa, a central C domain of 12 aa, an A
domain of 21 aa, and a carboxyl-terminal D region of 8 aa (Rotwein et al., 1986; Wong et al., 1989). The mature IGF-I protein contains six evolutionarily conserved cysteine residues. Since the cysteines are involved in formation of intraprotein disulfide bonds, the IGF-I molecules from different species likely exhibit a similar three-dimensional topography. In addition to the six cysteines, three tyrosine residues at positions 24, 31 and 60 are also conserved in different species, and they have been shown to be important for high-affinity binding to its receptor (Bayne et al., 1990).

Besides the 70 aa mature IGF-I protein, a truncated form of IGF-I, des-IGF-I, was identified from several tissues (Sara et al., 1986; Karey et al., 1989; Ogasawara et al., 1989). Des-IGF-I lacks the first three amino acids of the B domain, and has a markedly lower affinity for IGF binding proteins (IGFBPs) (Carlsson-Skwirut et al., 1989; Ballard et al., 1991), and therefore, is biologically distinct from full-length IGF-I. For example, compared to IGF-I, des-IGF-I was more potent in stimulating mammary blood flow, but less effective in enhancing neuronal survival (Carlsson-Skwirut et al., 1989; Prosser et al., 1995; Werther et al., 1998).

**IGF-I Actions**

*The roles of IGF-I in cell growth, differentiation and death*

IGF-I stimulates DNA synthesis and proliferation of a variety of cells, including fibroblasts (Pietrzkowski et al., 1992), chondrocytes (Olney et al., 2004), lymphocytes (Hettmer et al., 2005) and thymic epithelial cells (Timsit et al., 1992). Earlier studies showed that IGF-I regulated cell progression from G₁ to S phase (Stiles et al., 1979); however, a more recent study demonstrated that the transit from G₂ to M phase, not from
G1 to S phase, was profoundly retarded in IGF-I null cells, suggesting that IGF-I may be required for timely progression through later phases of the cell cycle (Adesanya et al., 1999).

Complementary to its stimulation of cell proliferation, IGF-I also functions as a survival factor by preventing apoptosis. This anti-apoptotic effect has been shown in cell types as diverse as cardiac myoblasts (Hong et al., 2001), epithelial cells (Ahmad et al., 1999), neural cells (Zhong et al., 2005) and osteoblasts (Tumber et al., 2000).

At the completion of division (M phase), the daughter cells may re-enter the cell cycle or undergo terminal differentiation. IGF-I has been demonstrated to induce differentiation of adipocytes (Scavo et al., 2004), chondrocytes (Phornphutkul et al., 2004), myoblasts (Florini et al., 1996) and neural cells (Pahlman et al., 1991).

**Metabolic effects of IGF-I**

IGF-I administration has a net anabolic effect on nitrogen balance through increasing amino acid uptake and whole body protein synthesis rates, and decreasing protein breakdown and nitrogen excretion (Fryburg, 1994; Fryburg et al., 1995). IGF-I potently stimulates glucose uptake and glycogen synthesis, but decreases hepatic glucose production leading to hypoglycemia (Schoenle et al., 1991; Boulware et al., 1992; Dimitriadis et al., 1992). IGF-I infusion also lowers free fatty acid, triglycerides, and cholesterol levels in blood (Miell et al., 1992; Turkalj et al., 1992).

**The role of IGF-I in body growth**

Infusion of IGF-I to growth-arrested animals, such as hypophysectomized and diabetic rats, can restore growth rate (Schoenle et al., 1982; Scheiwiller et al., 1986; Zapf,
1998). Similar effects are also observed in humans. Clinically, recombinant human IGF-I has been used in the treatment of patients with Laron syndrome (GH insensitivity syndrome) since the late 1980’s (Backeljauw and Underwood, 1996; Ranke et al., 1999). Transgenic mice overexpressing human IGF-I were approximately 30% heavier than control mice (Mathews et al., 1988a). More dramatic changes were observed in transgenic mice carrying either GH or growth hormone releasing factor fusion genes. The body weights of these transgenic mice were twice those of the normal littermates (Palmiter et al., 1983; Mathews et al., 1988b). The increase in body weight occurred 3 weeks after birth and was concomitant with the increase of circulating IGF-I, suggesting that the growth-promoting activity of GH is, at least in part, mediated by increased IGF-I production (Mathews et al., 1988b).

The most convincing evidence demonstrating that IGF-I plays a critical role in both embryonic and postnatal growth came from animals deficient in the IGF-I gene. The IGF-I knockout mice not only had reduced birth weight (~ 60% of normal newborns), but also displayed severe muscle dystrophy and most (> 95%) of them died shortly after birth (Liu et al., 1993; Powell-Braxton et al., 1993). The survivors continued to exhibit growth retardation postnatally, reaching only 30% of normal adult weight, and both sexes of IGF-I knockout adult mice were infertile (Baker et al., 1993; Baker et al., 1996). Moreover, injection of recombinant human GH to the homozygous IGF-I-deficient mice from postnatal day 14 (P14) to P56 failed to stimulate their growth, whereas the wild-type mice having the same treatment exhibited accelerated growth (~ 30% of increase in body weight) (Liu and LeRoith, 1999). In two human patients, a homozygous deletion of
part of the IGF-I gene coding region (Woods et al., 1996) or a homozygous missense mutation in the IGF-I gene (Walenkamp et al., 2005) is associated with severe intrauterine and postnatal growth failure, sensorineural deafness and mental retardation, indicating a critical role of IGF-I in human growth too.

**Other physiological actions**

Hormone secretion from many cell types is regulated by IGF-I, with feedback inhibition of GH secretion from pituitary somatotropes being the most typical example (Pellizas et al., 2000). Progesterone production in granulosa cells (Seto-Young et al., 2003), secretion of several steroid hormones and steroidogenic response to adrenocorticotropic hormone (ACTH) in adrenocortical cells ('Allemand et al., 1996), and thymulin secretion from thymic epithelium (Timsit et al., 1992) are all stimulated by IGF-I.

The responsiveness of mature immune cells to antigens can be affected by interactions of immunocompetent cells with IGF-I. For example, macrophages pretreated with IGF-I and subsequently stimulated with endotoxin showed increased production of tumor necrosis factor (TNF)-α (Renier et al., 1996). T- and B-cells isolated from spleen and lymph nodes of IGF-I pretreated rats were more responsive to mitogens or antigen stimulation (Clark et al., 1993). *In vivo* experiments have also demonstrated that an IGF-I pretreatment can improve host defense and primary antibody response in animals (Robbins et al., 1994; Inoue et al., 1995).

IGF-I also plays an important role in cellular motility. IGF-I significantly stimulates cell migration in a variety of cells, including melanoma cells (Stracke et al.,
1989), neuroblastoma cells (Leventhal et al., 1997), and kidney proximal tubule cells (Cao et al., 2005). Earlier studies showed that the stimulation of cell migration by IGF-I required tyrosine phosphorylation of paxillin and focal adhesion kinase (FAK), thereby interacting with members of the integrin family (Jones et al., 1995; Leventhal et al., 1997). However, a more recent study suggested that IGF-I-stimulated kidney proximal tubule cell migration was independent of tyrosine phosphorylation of FAK (Cao et al., 2005).

**IGF-I and diseases**

As discussed earlier, IGF-I not only stimulates proliferation but also inhibits apoptosis in various cell types, including many tumor cell lines (Parrizas et al., 1997; Alexia et al., 2004; Rosendahl and Forsberg, 2004). The combination of these mitogenic and anti-apoptotic effects of IGF-I might have a profound impact on tumor growth (Papatsoris et al., 2005). IGF-I also plays a role in the metastatic process through influencing cellular motility (Stracke et al., 1989; Brooks et al., 1997). In addition to direct effects, IGF-I also affects cancer cell growth through interaction with other mitogenic growth factors and hormones. For instance, tamoxifen, an estrogen receptor antagonist, blocked IGF-I-mediated proliferation of breast cancer cells in vitro (Guvakova and Surnacz, 1997), suggesting a potential cross-talk between IGF-I and estrogen in breast cancer development. Similarly, IGF-I signaling pathway might sensitize androgen receptor to suboptimal stimulation and enhance the mitogenic actions of epidermal growth factor (EGF) in prostate cancer (Putz et al., 1999; Orio et al., 2002).
IGF-I has also been shown to be involved in some neurological diseases, such as Parkinson’s disease (PD), amyotrophic lateral sclerosis, and Alzheimer's disease (AD). AD is an irreversible, progressive disorder in which neurons deteriorate, resulting in the loss of cognitive functions, primarily memory and movement coordination. It is now widely accepted that the pathological cascade leading to AD is initiated by the accumulation of amyloid plaques in the brain (Selkoe, 2001). There was an inverse relationship between the levels of circulating IGF-I and brain amyloid in mouse models with AD, and administration of IGF-I stimulated amyloid clearance out of the brain into the circulation to protect neurons from deleterious effects of amyloid (Carro et al., 2002). Evidence also suggested that decreased IGF-I in the aged may increase amyloid, which in turn disrupts IGF-I signaling pathway and causes IGF-I resistance to result in late-onset AD (Carro and Torres-Aleman, 2004).

**Mechanism of IGF-I action**

**IGF-I receptors**

IGF-I can bind to a family of transmembrane receptors, including IGF-I receptor (IGF-IR), insulin receptor, and IGF-II/mannose-6-phosphate (M-6-P) receptor, with most of the biological actions of IGF-I being mediated through IGF-IR (Jones and Clemons, 1995; LeRoith et al., 1995; Le Roith et al., 2001).

IGF-IR is a heterotetrameric complex comprised of two α- and two β-subunits. Each α-subunit contains 706 aa, and each β-subunit contains 627 aa (Ullrich et al., 1986). One α-subunit and one β-subunit are linked by a disulfide bond to form an αβ-half-receptor, which, in turn, is linked to another αβ-half-receptor by two disulfide bonds.
between the two α-subunits to form the mature, functional receptor. The α-subunit is localized entirely extracellularly and contains a cysteine-rich domain which is necessary for high-affinity IGF-I binding (Kjeldsen et al., 1991; Schumacher et al., 1991; Soos et al., 1992). The β-subunit spans the membrane and is localized primarily intracellularly. Its intracellular portion contains a tyrosine kinase domain whose activation is crucial for the propagation of IGF-I effects (Gronborg et al., 1993; Hernandez-Sanchez et al., 1995).

*IGF-I signaling pathway*

IGF-I binding to the α-subunit of IGF-IR induces autophosphorylation of the β-subunit. After autophosphorylation, the activated IGF-IR is able to phosphorylate other tyrosine-containing substrates, including insulin receptor substrate 1 (IRS-1), Src-homology 2-containing protein (SHC) and p85 which is the regulatory subunit of phosphatidylinositol-3’-kinase (PI3’K) (Jones and Clemmons, 1995; LeRoith et al., 1995). Activated p85 induces activation of the catalytic subunit of PI3’K, p110, to initiate the PI3’K signaling pathway. IRS-1 protein is an adaptor protein with a phosphotyrosine binding domain and multiple tyrosine residue-containing motifs. Phosphorylated IRS-1 protein acts as a docking protein for several downstream adaptor proteins, including p85, growth factor receptor-binding protein 2/son of sevenless (Grb2/SOS), phosphotyrosine phosphatase Syp and kinase Nck. Tyrosine phosphorylated SHC also binds to Grb2/SOS complex. The complex is tightly associated with Ras, resulting in membrane association and activation of Raf. Thereafter, mitogen-activated protein kinase kinase (MEK) phosphorylates subsequent kinases such as extracellular regulated kinase (ERK) and S6 kinase. Apparently, IGF-I can activate the mitogen-activated protein kinase (MAPK)
signaling pathway via both the IRS-1-Grb2/SOS and the SHC-Grb2/SOS pathways, but IRS-1 protein plays a more predominant role in the activation of the PI3’K pathway. IGF-I-activated multiple signaling pathways via IGF-IR are shown in Figure 1.1.

It is well established that different effects of IGF-I are mediated by different signaling pathways. The mitogenic effects of IGF-I are mediated, at least in part, by the MAPK signaling pathway (Lu and Campisi, 1992; Ge and Rudikoff, 2000; Alexia et al., 2004). Both PI3’-K and MAPK pathways have been implicated to be involved in anti-apoptotic effects of IGF-I in many cell types (Parrizas et al., 1997; Ge and Rudikoff, 2000; Liu et al., 2003). The differential effects of IGF-I in various cells may require different signaling pathways (Kim et al., 1997; Phornphutkul et al., 2004; Scavo et al., 2004).
Figure 1.1. Schematic representation of intracellular signaling pathways activated by IGF-I. Upon binding of IGF-I, IGF-IR undergoes autophosphorylation. Thereafter, several intracellular adaptor proteins, including IRS-1, SHC and p85 are phosphorylated. Activated IRS-1 and SHC phosphorylate Grb2/SOS complex to result in the activation of a cascade of protein kinases, including Ras, Raf, MEK, ERK and S6 kinase. IRS-1 also phosphorylates p85, and activated p85 initiates the PI3’K-protein kinase B (PKB) signaling pathway. Syp and Nck are associated with IRS-1, but the specific pathways mediated by these enzymes are not fully understood.

IGFBPs

The IGFBP1 to IGFBP6 are six structurally related proteins. They share ~ 50% amino acid sequences (Baxter et al., 1998) and contain 16 ~ 18 conserved cysteines in the amino- and carboxyl-terminal regions, both of which are important for maintaining their high binding affinity with IGF-I (Firth et al., 1998; Forbes et al., 1998; Hobba et al., 1998;
Twigg et al., 1998). In serum, almost all IGF-I proteins are bound by IGFBPs, which function as carrier proteins; as a result, IGFBPs prolong the half-lives of IGF-I proteins by protecting them from proteolytic degradation, and regulate their metabolic clearance (Guler et al., 1989). Although IGF-I can bind to all IGFBPs, in serum most of IGF-I proteins circulate with IGFBP3 or IGFBP5 and a non-IGF binding component named acid-labile subunit (ALS), forming 130 to 150 kDa ternary complexes (Baxter and Martin, 1989; Twigg and Baxter, 1998). Ternary complexed IGF-I proteins are believed to have restricted bioavailability due to the inability of the complexes to traverse the capillary barrier. However, release of IGF-I from this complex appears to increase during a variety of particular conditions, such as pregnancy (Hossenlopp et al., 1990; Kubler et al., 1998), and surgery (Davenport et al., 1992) to meet the requirement of more IGF-I. Once they are released from the large complexes, IGF-I proteins bind to IGFBP1 and IGFBP2 to form small complexes, which are believed to facilitate the transport of IGF-I from serum to tissue (Brewer et al., 1988; Bar et al., 1990; Jones et al., 1993). Therefore, IGFBPs can control the efflux of IGF-I from the vascular space.

In addition to being the serum transport proteins for IGF-I, IGFBPs can directly modulate IGF-I activity. The inhibitory effects of IGFBPs on IGF-I action, at all aspects from cell proliferation and differentiation to cell function to hypoglycemic activity to whole body growth, exist for all six IGFBPs (Peterkofsky et al., 1994; Rajkumar et al., 1995; Kiepe et al., 2001; Flint et al., 2003; Xi et al., 2004). However, IGFBPs also have stimulatory effects on IGF-I action (Lee et al., 1996; Matsumoto et al., 2000; Giannini et al., 2001). Therefore, the effects of IGFBPs on IGF-I actions depend on many variables,
including culture condition, cell type, IGFBP dose and post-translational modification (Busby et al., 1988; Ewton et al., 1998; Matsumoto et al., 2000; Kiepe et al., 2002).

**Endocrine, paracrine and autocrine mechanisms of action**

First line of evidence for endocrine action of IGF-I came from the observations that serum from hypophysectomized rats treated with GH was able to stimulate sulfate uptake and DNA synthesis in cartilage; however, the serum from hypophysectomized rats was ineffective (Salmon and Daughaday, 1957; Daughaday and Reeder, 1966). Administration of IGF-I to animals and humans subcutaneously can increase body weight, suggesting that IGF-I is able to stimulate somatic growth by traveling through the circulation (Zapf, 1998; Ranke et al., 1999).

In 1999, mice with liver IGF-I deficiency (LID mice) were created using homologous recombination (Sjogren et al., 1999; Yakar et al., 1999). The LID mice had a 70% lower circulating IGF-I level than their wild-type littermates, supporting the conclusion that the majority of circulating IGF-I is from liver. LID mice displayed muscle-specific insulin resistance, increased blood pressure and reduced cortical radial growth and axial skeletal growth (Sjogren et al., 2001; Yakar et al., 2001; Sjogren et al., 2002; Tivesten et al., 2002), all suggesting the importance of circulating IGF-I. However, surprisingly, the LID pups were born with normal body weights, grew at a normal rate and were fertile, which argues against the traditional view that the circulating IGF-I controls normal growth and development. However, the results from ALS-deficient mice (ALSKO) and double knockout LID+ALSKO mice suggest that circulating IGF-I does play a role in somatic growth (Ueki et al., 2000; Yakar et al., 2002). ALSKO mice had
60% less circulating IGF-I than wild-type mice and showed modest postnatal somatic growth retardation (~15% reductions in the weights) as well as significantly reduced linear bone growth. Double knockout mice exhibited a further reduction in serum IGF-I level (85~90% decrease) and a more significant reduction in linear growth (~30% reduction in body weight). Further measurements of clearance rate of IGF-I from serum demonstrated that turnover rate of IGF-I was higher in ALSKO and LID+ALSKO mice than in control and LID mice. These observations support the notion that it is not only the total amount of IGF-I in the circulation that plays a role in somatic growth, but its bioavailability as well. These observations, however, do not tell whether the normal growth and development in LID mice results from the remaining 25% of circulating IGF-I or autocrine/paracrine action of IGF-I. Generation of mutant mice with specific deletion of IGF-I in other tissues should help to address this question.

There is some other evidence supporting paracrine and/or autocrine actions of IGF-I. IGF-I is expressed by multiple cell types in culture and in virtually every tissue in vivo (D'Ercole et al., 1980; D'Ercole et al., 1984). The transgenic mice that overexpress IGF-I in specific tissues, without altering the circulating IGF-I level, exhibit tissue-specific overgrowth (Coleman et al., 1995; Weber et al., 1998; Delaughter et al., 1999; Guo et al., 2005). IGF-I concentration is often increased at sites of injury and/or repair, indicating paracrine or autocrine roles of IGF-I during organ regeneration and in repair following injury (Hammerman and Miller, 1997; Musaro et al., 2001; Sanz et al., 2005).
**Molecular Organization**

Since the first IGF-I cDNA sequence was reported by Jansen et al. in 1983, the IGF-I gene, mRNA and deduced amino acid sequences have been determined for a number of species, including human, mouse, rat and cattle. By aligning these sequences, it is shown that the basic structure of IGF-I gene is conserved throughout 550 million years of vertebrate evolution (Nagamatsu et al., 1991). These sequences also show that the IGF-I gene and mRNA structures are much more complex than anticipated from mature IGF-I polypeptide sequence.

**IGF-I gene structure**

The IGF-I gene is a single-copy gene in mammals and birds (Shimatsu and Rotwein, 1987a; Fawcett and Bulfield, 1990), but there is evidence suggesting the existence of a duplicate, non-allelic IGF-I gene in *Xenopus* (Shuldiner et al., 1990) and some fish (Kavsan et al., 1994; Chen et al., 2001). The IGF-I gene has an unexpectedly large size, ranging in length from less than 20 kb in salmon (Kavsan et al., 1993), 50 kb in chicken (Kajimoto and Rotwein, 1991), to more than 80 kb in rat and human. The rat, mouse and human IGF-I genes consist of six exons and five introns. Compared to the sizes of exons, the introns are much larger; for example, the intron between exons 3 and 4 of the human IGF-I gene spans more than 50 kb. There is evidence suggesting that the large size of these introns is not caused by the presence of another evolutionarily conserved gene within IGF-I gene (Kajimoto and Rotwein, 1991).
**IGF-I mRNA structure**

Transcription of IGF-I gene in human and rat can be initiated from exon 1 or exon 2; therefore, both exons 1 and 2 are called leader exons. Both exons 1 and 2 are exclusively spliced onto exon 3, generating mRNA containing exon 1, the so called class 1 IGF-I mRNA or mRNA containing exon 2, the so called class 2 IGF-I mRNA (Rotwein et al., 1986; Roberts et al., 1987a; Bucci et al., 1989; Tobin et al., 1990; Holthuizen, 1991). In addition to human and rat, pig (Bell et al., 1990; Muller and Brem, 1990) and sheep (Wong et al., 1989) IGF-I genes are also transcribed into class 1 and class 2 mRNA. Exon 2-like sequence has not been found in chicken and some fish species. In sheep, transcription of IGF-I gene can be also initiated from a third leader exon, exon 1W (Wong et al., 1989; Dickson et al., 1991). Exon 1W is located around 200 bp upstream of exon 1 (Ohlsen et al., 1993). Within each of these leader exons, several transcription start sites are used. Studies in human, rat and sheep showed that transcription initiation in exon 1 was dispersed, spreading over several hundred base pairs; whereas transcription initiation in exon 2 was from several localized start sites, except one that was located more than 700 bp upstream from the 3’ end of exon 2 (Adamo et al., 1991a; Jansen et al., 1991; Ohlsen et al., 1993). Besides using multiple leader exons and multiple transcription start sites in the production of IGF-I mRNA containing different 5’ ends, a unique ‘intra-exonic splicing’ has been identified in rat IGF-I mRNA, in which a 186 bp segment flanked by splice junctions in exon 1 is spliced out (Shimatsu and Rotwein, 1987b; Foyt et al., 1991).
IGF-I mRNA from a given species not only differ in the 5’ end, but also vary in the 3’ end sequence. The 3’ end variation is a result of alternative splicing. In rat and mouse, the 3’ portion of IGF-I mRNA can either contain or not contain a 52 bp insert (exon 5) between exons 4 and 6 (Bell et al., 1986; Roberts et al., 1987b). The mRNA containing the 52 bp is called IGF-I-Eb mRNA, and the mRNA that does not contain the 52 bp is called IGF-I-Ea mRNA. In human, some IGF-I mRNA (IGF-I-Ea) end up with exons 4 and 6, while some (IGF-I-Eb) end up with exons 4 and 5 (Jansen et al., 1983; Rotwein, 1986). Almost 10 years after the identification of IGF-I-Ea and IGF-I-Eb, a novel human IGF-I transcript containing both exons 5 and 6 at the 3’ end was discovered (Chew et al., 1995). This transcript was named IGF-I-Ec mRNA. By examining the sequences around the splice site in exon 5 in both human and rat, it is found that several characteristics that enhance splicing in rat are absent in human. For instance, the donor site deviates from the vertebrate consensus splice donor site, and only one purine-rich repeat (GGAAG) is present downstream of the splice donor site (Krainer and Maniatis., 1988; Sun et al., 1993). Human exon 5 also has a polyadenylation site, whereas rat exon 5 does not. Structural differences between human and rat IGF-I genes indicate that the generation of IGF-I-Eb or Ec mRNA in human may depend on the competition between the polyadenylation site and the relatively weak splice site within exon 5. Interestingly, the fish IGF-I mRNA have the most complicated 3’ ends. Some contain an intact exon 3; some contain a partial exon 3 due to ‘intra-exonic splicing’; some contain exon 4; some do not contain exon 4 (Since fishes only use exon 1 as leader exon, exons 3 and 4 in fish
IGF-I gene correspond to exons 4 and 5 in rat IGF-I gene) (Shamblott and Chen, 1993; Wallis and Devlin, 1993).

Transcription from multiple leader exons, use of multiple transcription initiation sites, and alternative RNA splicing do result in IGF-I mRNA that differ in size. However, at least in rat, variable lengths of IGF-I mRNA from 7 kb down to 1 kb occur principally as a result of use of different polyadenylation sites and hence different sizes of 3’-untranslated region (UTR) (Shimatsu and Rotwein, 1987a; Lund et al., 1989). Similar size heterogeneity of IGF-I mRNA is also observed in human (Rotwein, 1986), mouse (Bell et al., 1986), horse (Nixon et al., 1999) and some other species (Wong et al., 1989; Kajimoto and Rotwein, 1990). However, in chicken and salmon, only a single predominant IGF-I mRNA can be detected (Kajimoto and Rotwein, 1989; Wallis and Devlin, 1993). All IGF-I mRNA variants are mature, cytoplasmic and probably functional. In addition, there is no strict association of use of a particular leader exon, transcription start site, or 3’ exon splicing mechanism with the utilization of a particular polyadenylation site (Lund, 1994).
**Figure 1.2.** Schematic representation of rat IGF-I gene and mRNA structures. Exons are shown as boxes, and introns are represented by lines. Sites of pre-mRNA splicing are indicated by dash lines. Exon 1 is spliced onto exon 3 to generate class 1 IGF-I mRNA, while splicing exon 2 onto exon 3 generates class 2 IGF-I mRNA. The arrows above exons 1 and 2 indicate transcription start sites. Some class 1 IGF-I mRNA has ‘intra-exonic splicing’, which results in a lack of a 186 bp of exon 1 fragment. IGF-I-Ea mRNA does not contain exon 5; whereas exon 5 is present in IGF-I-Eb mRNA. Different polyadenylation sites are marked by vertical arrows below exon 6. Sizes of exons and introns are not drawn to scale. Actual numbers of transcription start sites and polyadenylation sites may be more than indicated.

**IGF-I precursor protein**

As described above, there is only one mature IGF-I protein in almost all species. However, the identification of multiple IGF-I mRNA variants indicates that the same mature IGF-I protein is generated from multiple IGF-I protein precursors that differ in the amino- and/or carboxyl-terminal.

Three different lengths of IGF-I amino-terminal peptides, 48 aa, 32 aa and 22 aa, have been detected using an *in vitro* translation system (Rotwein et al., 1987; Simmons et
al., 1993; Yang et al., 1995). For exon 1-containing transcripts, prepro-IGF-I translation can be initiated at both the Met-48 codon in exon 1, a codon that is 48 codons upstream from the codon for the first aa of mature IGF-I protein, and the Met-22 codon in exon 3, with the former being preferentially used. For some class 1 IGF-I mRNA transcribed from the site downstream of the Met-48 codon, the Met-22 codon is of course the only available translation start codon. Translation of IGF-I mRNA transcribed from exon 2 initiates at both the Met-32 codon in exon 2 and the Met-22 codon in exon 3, with 80% of translation being initiated at the Met-32 codon. As mentioned above, sheep IGF-I can be transcribed from exon 1W. However, exon 1W does not contain an in-frame start codon; therefore, translation of exon 1W-containing IGF-I mRNA initiates from the Met-22 codon in exon 3 (Ohlsen et al., 1993). The amino-terminal peptides of all prepro-IGF-I have typical features of eukaryotic signal peptide, and all of them have been shown to be cleaved translationally by pancreatic microsomes, suggesting they each function as signal peptides in vivo (Rotwein et al., 1987; Simmons et al., 1993; Yang et al., 1995). The sites of both translation initiation and translational cleavage of the signal peptide are conserved between species (Kajimoto and Rotwein, 1989; 1990; Otte et al., 1996; Kermouni et al., 1998; Ayson et al., 2002).

Besides the signal peptide, E domain at the carboxyl end of the prepro-IGF-I is also released during maturation (Rotwein et al., 1986). In mouse and rat, IGF-I-Ea and Eb mRNA encode 35 and 41 aa E peptides, respectively. The first 16 aa of the E domain are encoded by exon 4, which are included in both IGF-I-Ea and Eb mRNA. So, this part of E domain is identical in prepro-IGF-I-Ea and Eb. As a consequence of insertion of exon 5
(52 bp) and shift in reading frame, the carboxyl-terminal 19 and 25 aa of IGF-I-Ea and Eb domain, respectively, are different (Bell et al., 1986; Roberts et al., 1987b). Similar patterns are observed in human IGF-I-Ea and Ec domain (Chew et al., 1995). Using the stop codon in exon 5, human IGF-I-Eb mRNA encodes an E peptide of 77 aa (Rotwein et al., 1986). As discussed above, the fish IGF-I mRNA have more diverse 3’ ends; as a consequence, four different forms of E peptides in rainbow trout and salmon, designated IGF-I-Ea-1, Ea-2, Ea-3 and Ea-4, have been predicted (Shamblott and Chen, 1993; Wallis and Devlin, 1993).

The fate and biological functions of E peptide in vivo are not very clear, but several studies have demonstrated that it is biologically active. An amidated peptide within the E domain named as IBE1 was shown to have mitogenic activity through specific receptor and a peptide with immunological similarity to the IBE1 was detected from human, mouse and chicken (Siegfried et al., 1992), indicating that IBE1 is a potential growth factor. Recently, it was demonstrated that Ea-4 peptide of rainbow trout and human Eb peptide, but not human Ea peptide could induce morphological change, inhibit anchorage-independent growth and reduce invasive activity of cancer cells with MAPK signaling pathway being involved (Kuo and Chen, 2002; Chen et al., 2004). These results further suggest that E peptides may play important roles in regulating growth and differentiation in transformed cells.
Figure 1.3. Schematic representation of rat IGF-I precursors and mature protein. Different domains (Signal, B, C, A, D, and E) of the IGF-I proteins are shown by boxes. The numbers above the lines indicate the corresponding IGF-I exons. Class 1 proteins are translated from the ATG codon in exon 1, whereas class 2 proteins are translated from the ATG codon in exon 2. Ea* and Eb* are IGF-I proteins translated from the ATG codon in exon 3. The difference between Ea and Eb proteins is that E domain is encoded by only exon 6 in Ea protein, but by both exons 5 and 6 in Eb protein. Sizes of different domains are not drawn to scale.

**Functional importance of IGF-I mRNA and protein size and sequence heterogeneity**

**Regulation of mRNA stability**

As described above, the size heterogeneity of IGF-I mRNA is primarily due to the different lengths of 3’-UTR. Several elements that have been shown to be involved in mRNA destabilization, such as multiple AU rich sequences and inverted repeats.
(Muskens et al., 2000; Dean et al., 2004; Gingerich et al., 2004), are present in the long 3’-UTR sequence of the 7 kb IGF-I mRNA (Steenbergh et al., 1991; Hoyt et al., 1992). Indeed, the 7 kb IGF-I mRNA are less stable than the smaller forms, as demonstrated by both in vitro and in vivo studies (Hepler et al., 1990). Thus, the size heterogeneity in IGF-I mRNA provides a molecular basis for post-transcriptional control of IGF-I gene expression at the level of mRNA stability.

**Regulation of translational efficiency**

Translational efficiency of higher eukaryotic mRNA is determined primarily by the sequence surrounding the translation start codon. Short 5’-UTR, secondary structure and upstream AUG usually inhibit translation (Kozak, 1991; 1999). In rat liver, class 1 IGF-I mRNA was predominant in the polysomal fraction, while class 2 IGF-I mRNA constituted only a small fraction of the total polysomal RNA (Foyt et al., 1991; Foyt et al., 1992), suggesting that more class 1 than class 2 IGF-I mRNA is translated. It may be caused by the shorter 5’-UTR in class 2 IGF-I mRNA compared to class 1 IGF-I mRNA. For different class 1 IGF-I transcripts, the translational efficiency was inversely proportional to the length of the 5’-UTR (Foyt et al., 1992; Yang et al., 1995). It can be assumed that a structure rather than the length has adverse effects on translation. Mutational analyses indicated that the lack of the upstream two AUG motifs in the leader sequences might contribute to the greater translational efficiency of shorter transcripts. It is becoming increasingly clear that the 3’-UTR of an mRNA can have the same important role in regulating translation as the 5’-UTR (Kozak, 2004). The 7 kb IGF-I mRNA were associated with polysomes at much lower levels than smaller forms (Foyt et al., 1991;
O'Sullivan et al., 2002). This is perhaps because they contain long 3’-UTR. Thus, the
different 5’-UTR and 3’-UTR of IGF-I mRNA variants may control IGF-I gene
expression at the level of translation.

Post-translational regulation

Using green fluorescent protein (GFP)-fusions, Tan et al. (2002) found that
nuclear and nucleolar localizations were seen more in the context of the exon 2-encoded,
rather than the exon 1-encoded IGF-I signal peptide, indicating that the structure and/or
the length of IGF-I signal peptides may affect intracellular transport. In addition to the
signal peptide sequences, a nucleolar localization signal present in the carboxyl-terminal
part of the Eb domain of human IGF-I protein also directs IGF-I protein to localize in the
nucleus and strongly in the nucleolus (Tan et al., 2002). Since this region is encoded by
3’ portion of exon 5 which is not present in IGF-I mRNA encoding human IGF-I-Ea and
Ec proteins, human IGF-I-Ea and Ec proteins may have different cellular localization
pattern from IGF-I-Eb protein.

Glycosylation is the principal chemical modification to most secretory proteins.
Glycosylation can alter the conformation, stability, bioactivity and cellular location of
proteins (Helenius and Aebi, 2001). There are two glycosylation sites in the Ea domain of
rat pro-IGF-I, and both can be N-glycosylated in vitro (Bach et al., 1990; Simmons et al.,
1993). The Ea peptides of all characterized mammalian IGF-I precursors and
respective chicken, Xenopus, and salmon Ea peptides contain at least one N-
glycosylation motif (Hepler and Lund, 1990). The physiological significance of
glycosylation of Ea domain of IGF-I proteins remains to be elucidated. It should be
pointed out that the glycosylation only occurs in the E domain of IGF-I precursors translated from Met-32 or Met-22, whereas precursor with 48 aa signal peptide is not associated with glycosylation, which suggests that length or structure of signal peptide can influence glycosylation (Simmons et al., 1993). However, little is known about the functional importance of this.

**Regulation of IGF-I Gene Expression**

*Tissue-specific factors*

Studies performed in many species have shown that IGF-I mRNA (Murphy et al., 1987a; Kajimoto and Rotwein, 1989) and IGF-I protein (Andersson et al., 1986; Reinecke et al., 1997) are present in most tissues. However, the abundance of them among different tissues may vary as much as two orders of magnitude, with liver having the highest level of IGF-I. Three liver-enriched transcription factors, hepatocyte nuclear factor-1\(\alpha\) (HNF-1\(\alpha\)) (Kulik et al., 1995; Nolten et al., 1995; Vong et al., 2003), HNF-3\(\beta\) (Nolten et al., 1996), and CCAAT/enhancer-binding protein (C/EBP) (Nolten et al., 1994) have been demonstrated to be able to bind to and enhance the activity of IGF-I promoters in hepatocytes. This combination of *cis*-regulatory elements rather than a single element has been shown to be required for liver-specific gene expression (Benvenisty and Reshef, 1991; Aran et al., 1995), and hence may be the reason why IGF-I mRNA is expressed at a higher level in liver than in other tissues. High level expression of IGF-I mRNA in liver is also due to GH action. Ubiquitously expressed transcription factors, such as GATA-1 (Wang et al., 2000a), cAMP response element binding protein (CREB1) (Thomas et al., 1996), and Sp1 (Zhu et al., 2000) are likely to play more important roles in differential
expression of IGF-I gene in extra-hepatic tissues (Jansen et al., 1992; An and Lowe, 1995; Mittanck et al., 1997).

As discussed earlier, IGF-I mRNA is a heterogeneous and complex family. The IGF-I mRNA variants are expressed differently among tissues, with class 2 and IGF-I-Eb mRNA representing significantly higher percentage of total IGF-I mRNA in liver than in other tissues (Hoyt et al., 1988; Lowe et al., 1988; Shemer et al., 1992).

**Hormonal regulation**

*By growth hormone*

In animal models in which pituitary GH secretion is impaired, hepatic IGF-I mRNA level is very low; treatment with GH can restore the IGF-I mRNA to its normal level, suggesting IGF-I gene expression in liver is predominantly controlled by GH (Mathews et al., 1986; Roberts et al., 1986). In response to GH, both high- and low-molecular-weight IGF-I mRNA increase coordinately, indicating that GH has no preference for a polyadenylation site in stimulating IGF-I expression (Roberts et al., 1986; Bichell et al., 1992). Besides liver, IGF-I gene expression in many extra-hepatic tissues, including heart, kidney, mammary gland, skeletal muscle and adipose tissue, is also under the control of GH (Roberts et al., 1987b; Isgaard et al., 1989; Kleinberg et al., 1990; Vikman et al., 1991). A pulsatile pattern of GH secretion is more efficient than continuous pattern in activating IGF-I gene expression (Isgaard et al., 1988; Frost et al., 2002).

Stimulation of IGF-I gene expression by GH is quick and appears to be independent of new protein synthesis (Gronowski and Rotwein, 1995; Gronowski et al.,
In response to GH, the increase in nuclear pre-IGF-I mRNA preceded appearance of mature IGF-I mRNA in the cytoplasm (Bichell et al., 1992; Gronowski and Rotwein, 1995), and degradation of IGF-I mRNA was independent of the presence of GH (Doglio et al., 1987), which together support that GH enhances IGF-I expression primarily at the level of transcription. Direct supporting evidence came from nuclear run-on assay. Using this assay, several groups have demonstrated that the rapid change in IGF-I mRNA abundance in response to GH is a result of increased transcription rate (Mathews et al., 1986; Doglio et al., 1987; Bichell et al., 1992).

In order to determine how GH regulates IGF-I transcription, several DNA-protein interaction sites in the proximal promoter of IGF-I gene identified by an \textit{in vitro} footprinting assay were characterized for binding specificity and regulation by GH. However, none of them was changed in the hypophysectomized and GH-treated rats (Thomas et al., 1994; Le Stunff et al., 1995). In addition to the proximal promoter region, Bichell et al. (1992) mapped the GH-dependent DNase I hypersensitive sites in the entire rat IGF-I gene spanning more than 120 kb. They found that a DNase I hypersensitive site (HS7) located in the second intron was absent in hypophysectomized rats but appeared after GH injection. Subsequent dimethylsulfate (DMS) \textit{in vivo} footprinting studies localized HS7 to an approximately 350 bp intron 2 region. However, DNA-protein interactions at this region remained constant after GH treatment \textit{in vitro} and \textit{in vivo} (Thomas et al., 1995). These observations indicate GH may induce alterations in nucleosome organization rather than stimulate DNA-protein interaction, or GH induces
DNA-protein interaction beyond the 120 kb genomic DNA region covered by the footprinting analysis.

Delineation of the GH signaling pathway has provided clues to how GH might activate IGF-I gene expression (Kopchick and Andry, 2000; Piwien-Pilipuk et al., 2002). GH binding to its receptor recruits and activates the receptor-associated Janus kinase (JAK); activated JAK in turn phosphorylates tyrosines within itself and the GH receptor. These tyrosines form binding sites for a number of signaling proteins, which initiate several signaling pathways that ultimately subserve multiple GH-related biological functions. The main signaling pathways stimulated by GH include the signal transducer and activator of transcription (STAT) pathway, the IRS-PI3’K pathway and the Shc-Ras-MAPK pathway (Figure 1.4).
Figure 1.4. Major signaling pathways initiated by binding of GH to its receptor. Binding of GH to GHR activates JAKs through phosphorylation. STATs are rapidly activated by phosphorylated JAKs, and the JAK-STAT signaling pathway is the most important signaling pathway involved in GH-induced gene expression. JAKs also activate SHC, and activated SHC interacts with Grb2 to activate MAPK pathway. Similarly, JAKs activate IRS-PI3’K signaling pathway.

Among three GHR signaling pathways, the JAK2-STAT5 pathway seems to be the one most responsible for GH-stimulated IGF-I gene transcription. Hepatic IGF-I mRNA abundance and serum IGF-I concentration were significantly lower in STAT5b (a major STAT5 isoform in liver) knockout mice than the wild-type mice (Udy et al., 1997; Davey et al., 2001). In STAT5b-deficient hypophysectomized mice, a week of GH treatment failed to increase either IGF-I mRNA in liver or serum IGF-I (Davey et al.,
In human patients bearing STAT5b mutations, serum IGF-I concentration was markedly low, being less than 10% of the normal level. Moreover, GH treatment was unable to increase IGF-I mRNA abundance in cultured fibroblasts isolated from the patient or serum IGF-I concentration (Kofoed et al., 2003; Hwa et al., 2005). More recently, two adult siblings who had a truncated GHR resulting in a selective loss of STAT5 signaling were reported to have much less serum IGF-I than normal people (Milward et al., 2004). In cell lines and in animals, GH rapidly stimulates the tyrosine phosphorylation and activation of STAT3, MAPKs and PKB, and GH-increased IGF-I is concomitant with these changes (Gronowski et al., 1995; Gronowski et al., 1996; Sadowski et al., 2001; Frost et al., 2002). Moreover, an inhibitor of JAK3 blocked GH activation of STAT3, and completely abrogated GH-induced IGF-I gene expression whereas it did not inhibit STAT5 phosphorylation (Frost et al., 2002). Thus, GH-induced IGF-I transcription likely involves factors in addition to STAT5.

By estrogen

Estrogen is a key stimulator of IGF-I gene expression in the uterus, as evidenced by undetectable IGF-I mRNA level in the uterus in ovariectomized rodents, but a rapid accumulation of IGF-I mRNA after acute or chronic estrogen treatment (Murphy et al., 1987b; Murphy and Friesen, 1988; Kapur et al., 1992). Similar stimulatory effects of estrogen on uterine IGF-I gene expression have been observed in prepubertal animals, where a single injection of estrogen caused a significant increase in IGF-I mRNA abundance (Murphy and Luo, 1989; Simmen et al., 1990), and in human, where both the
mRNA and protein levels are highest in the endometrium during the proliferative phase of the menstrual cycle (Giudice et al., 1993; Zhou et al., 1994).

Estrogen exerts its biological effects in cells through estrogen receptor (ER), a member of the nuclear receptor family (Evans, 1988; Klinge, 2001). ER is an intracellular transcription factor and is expressed as two isoforms, ER$\alpha$ and ER$\beta$. Estrogen binding to ER promotes ER dimerization and nuclear localization. In the nucleus, ER binds to DNA sequences, termed estrogen responsive elements (EREs), in the regulatory regions of target genes. Klotz et al. (2000) showed that ER$\alpha$ was required for activation of uterine IGF-I gene expression by clinical and environmental estrogens; however, no consensus ERE has been identified in either human or murine IGF-I gene (Bourdeau et al., 2004).

In addition to binding to specific DNA sequences, ER can regulate gene transcription through interaction with chromatin remodeling proteins, or other transcription factors (Gottlicher et al., 1998). Umayahara et al. (1994) showed that estrogen activated the chicken IGF-I gene expression through enhancing c-Fos and c-Jun binding to the activating protein-1 (AP-1) motif. In the uterus, estrogen stimulated expression of androgen receptor (AR) (Pelletier et al., 2004). Flutamide, an anti-androgen has been reported to block estrogen stimulation of IGF-I gene expression in the uterus (Weihua et al., 2002). Thus, stimulation of IGF-I transcription in the uterus may be indirectly mediated by AR, although the underlying mechanism is unknown.

GH-induced increases in hepatic IGF-I mRNA abundance and serum IGF-I concentration were significantly attenuated by administration of estrogen in rats (Murphy and Friesen, 1988). Serum IGF-I level also fell in estrogen-treated women (Duursma et
Thus, in addition to the direct effect on IGF-I gene expression in the uterus, estrogen may also modulate GH regulation of IGF-I gene expression in liver. However, how exactly estrogen affects GH induction of IGF-I gene expression in liver is also unknown.

By insulin

Hepatic IGF-I mRNA abundance and serum IGF-I level are much lower in diabetic rats than normal rats, and they are restored toward normal after treatment with insulin, suggesting insulin is an important regulator of IGF-I gene expression (Pao et al., 1992; Frystyk et al., 2003). It is further shown that insulin regulates IGF-I gene expression at the transcriptional level (Pao et al., 1992; Pao et al., 1993), and that it stimulates the expression of both classes of IGF-I mRNA (Adamo et al., 1991b).

Using both transient transfection and primer extension assays, Pao et al. (1995) identified a region downstream of the transcription start site in exon 1 important for insulin regulation of IGF-I transcription. This region was found to contain six DNA-protein binding sites, and two of them (region III and V) were necessary for the diabetes-associated reduction in IGF-I gene transcription. Region III contains a GCGC core sequence, which may recognize C/EBP proteins (Zhu et al., 1999). Region V sequences recognize several nuclear factors, including Sp1 and insulin-responsive binding protein (IRBP), which interacts with the TTAT core sequence (Kaytor et al., 2001b). The binding of IRBP to the TTAT element was increased by insulin, and this binding facilitated the interactions between Sp1 and its binding site within region V (Kaytor et al., 2001a). It was also shown that the PI3’K signaling pathway is involved in insulin-activated IRBP
binding to the TTAT element (Kaytor et al., 2001b); however, the exact component of IRBP has not been identified.

**Nutritional regulation**

**Effects of energy and protein intake**

In human and animal models, serum IGF-I concentrations are markedly reduced during fasting (Clemmons et al., 1981; Emler and Schalch, 1987; Pierce et al., 2005), or during protein and/or calorie restriction (Grant et al., 1973; Hintz et al., 1978; Lemozy et al., 1994; Radcliff et al., 2004) but increased promptly with refeeding, suggesting the importance of energy and protein intake in maintenance of IGF-I level. Direct evidence showing that both protein and energy can regulate circulating IGF-I concentration first came from refeeding experiments on human volunteers (Isley et al., 1983; 1984). These studies found the presence of a threshold energy requirement, below which optimal protein intake would not raise IGF-I level, and that the more energy or protein added to the diet, the larger the increase in IGF-I concentration. These findings were confirmed by subsequent studies (Weller et al., 1994; Smith et al., 2002). In addition to the amount of protein, the composition of the protein also affects blood IGF-I level, since refeeding an essential amino acid-rich diet caused a greater increase in serum IGF-I concentration than refeeding a diet rich in nonessential amino acids (Clemmons et al., 1985). Similarly, the source of energy is also important, with carbohydrate content of the diet being the major determinant (Snyder et al., 1989).
Effects of specific nutrients

The effect of glucose on IGF-I gene expression has been studied in cell culture systems. Data from tumor cells (Straus and Burke, 1995; Wang et al., 2000b) showed that the levels of both classes of IGF-I mRNA and protein were increased by a high concentration of glucose, and there was no quantitative difference in the responses of the two classes of transcripts. However, the result from primary rat hepatocytes was somewhat contradictory. (Goya et al., 1999) reported that glucose can only stimulate IGF-I transcription in the presence of low doses of insulin, and the effect was only observed in fetal hepatocytes but not adult hepatocytes. The basis for the different effects of glucose on IGF-I gene expression in different cell types is still unclear; however, it is very likely related to the characteristic of different cells and the culture medium.

Amino acid availability has been reported to regulate IGF-I gene expression in vitro as well as in vivo. In rats, serum IGF-I concentration was significantly reduced when a single essential amino acid or all amino acids were excluded from the diet (Takenaka et al., 2000). In cultured primary rat hepatocytes, elevated amino acid concentration in the medium caused a dose-dependent increase in IGF-I mRNA level; amino acid deprivation in the medium decreased the abundance of IGF-I mRNA (Phillips et al., 1991; Thissen et al., 1994b). It has been shown that specific amino acids, such as arginine (Kirk et al., 1993), glutamine (Ziegler et al., 1996), and tryptophan (Phillips and Unterman, 1984) can up-regulate IGF-I production.
In addition to glucose and amino acids, potassium (Hsu et al., 1997), zinc (Ninh et al., 1995) and vitamin A (Fu et al., 2001b) have been reported to up-regulate IGF-I gene expression too.

*Molecular mechanisms underlying nutritional regulation of IGF-I gene expression*

During fasting, IGF-I mRNA abundance is decreased in tissues, especially in liver, while circulating IGF-I is decreased. Because the majority of blood IGF-I is from liver, fasting-induced reduction of blood IGF-I is probably at least partly caused by the declined hepatic IGF-I mRNA abundance (Adamo et al., 1991b; Lemozy et al., 1994). However, the exact level(s) at which IGF-I mRNA is reduced is not completely elucidated, and the studies on this have contradictory findings. Some studies indicate that transcription rate of the IGF-I gene is decreased in fasted or protein-deprived animals compared to controls (Straus and Takemoto, 1990a; Hayden et al., 1994); whereas, other studies suggest undernutrition down-regulates hepatic IGF-I gene expression mainly at the post-transcriptional level by delaying IGF-I pre-mRNA splicing, thereby attenuating mature IGF-I mRNA generation, or by decreasing the stability of cytoplasmic IGF-I mRNA (Hayden and Straus, 1995; Zhang et al., 1998).

Regulation of IGF-I synthesis by nutrition may also be exerted at the translational and post-translational levels because some discrepancies have been observed between the magnitude of the changes in serum IGF-I concentration and that of IGF-I mRNA abundance (Davenport et al., 1990; Thissen et al., 1991a). Although dietary protein restriction does not affect binding of IGF-I mRNA to polysomes (Ketelslegers et al., 1995), one of the mechanisms involved in the initiation of translation, the number and
average size of the IGF-I mRNA polysomes in protein-restricted animals are decreased (Thissen and Underwood, 1992). In blood, IGF-I protein is stabilized in a 130 to 150 kDa ternary complex with IGFBP3 and ALS. Decreased IGFBP3 and ALS levels are also observed in undernourished animals, providing a possible reason for enhanced clearance rate of serum IGF-I (Thissen et al., 1991b; Frystyk et al., 1999). In contrast to changes in IGFBP3 concentration, serum IGFBP1 and IGFBP2 levels are generally increased during malnutrition (Straus and Takemoto, 1990a; Frystyk et al., 1999), and IGF-I is preferentially bound to these two binding proteins in protein-restricted animals (Takahashi et al., 1990; Thissen et al., 1992). As mentioned before, binding of IGF-I with IGFBP1 and IGFBP2 forms a small complex, which is more easily to be transported out of the vascular space compared to the large complex with IGFBP3 and ALS. Therefore, protein restriction may stimulate IGF-I movement to the extravascular space, thereby enhancing its clearance and degradation.

Since GH is the most important factor regulating IGF-I gene expression, changes in IGF-I mRNA level under different nutritional status may be due to the changes in GH signaling pathway. In all species except rodent, basal GH secretion is increased during fasting (Ho et al., 1988; Buonomo and Baile, 1991; Pierce et al., 2005). Furthermore, administration of GH fails to increase circulating IGF-I concentration in these animals including rodent (Miller et al., 1981; Maes et al., 1988), suggesting that nutritional deprivation induces a GH resistance. This status of GH resistance has been widely believed to be due to a reduction in hepatic GH binding capacity by decreased GHR abundance (Postel-Vinay et al., 1982; Straus and Takemoto, 1990b; Fukada et al., 2004).
However, a recent study suggested that this GH resistance was due to impaired postreceptor signaling in liver through reduced phosphorylation of GHR, JAK2, and STAT5 proteins, and that the inhibition of JAK2 activity was perhaps caused by increased abundance of suppressors of cytokine signaling 3 (SOCS3) (Beauloye et al., 2002).

In addition to GH, the levels of insulin, glucocorticoid, thyroid hormone and some other hormones are also altered by different nutritional status (Frystyk et al., 1999; Dauncey et al., 2001). These hormones have been shown to modulate IGF-I gene expression in vivo, so nutrition-induced changes in IGF-I production may be indirectly caused by these hormones (Luo and Murphy, 1989; Wolf et al., 1989; McCarthy et al., 1990; Pao et al., 1992).

As reviewed earlier, both glucose and amino acids can affect IGF-I mRNA abundance. These effects are likely caused by more than one mechanism. Glucose appeared to stimulate IGF-I gene transcription perhaps through a product of glycolysis (Straus and Burke, 1995; Goya et al., 1999); increased glucose also seemed to increase IGF-I mRNA stability (Goya et al., 1999; Wang et al., 2000b). Similarly, amino acids have been shown to influence IGF-I gene transcription rate and mRNA stability, especially that of the 7 kb IGF-I mRNA (Pao et al., 1993; Zhang et al., 1998). Whether these effects of glucose or amino acids on IGF-I gene expression are mediated by changes in GHR and GH signaling pathway have not been studied.
Summary

Nutrition is an important regulator of IGF-I synthesis. Both energy deficiency and protein depletion, as well as specific micronutrient deficiency can inhibit the production of IGF-I. This nutritional regulation of IGF-I expression appears to be tissue specific, with IGF-I mRNA level being more affected in liver, muscle and kidney than in other tissues, such as stomach and heart (Lowe et al., 1989; Leaman et al., 1990). The response of IGF-I to nutritional changes in an animal varies with its age and weight. More significant alterations in IGF-I expression occur in younger animals than older ones (Fliesen et al., 1989; Calikoglu et al., 2001), and in normal weight humans than in obese people (Gama et al., 1990; Tagliaferri et al., 1998).

Developmental regulation

In view of the roles of IGF-I in embryonic development and postnatal growth, it is not surprising that IGF-I is expressed throughout the entire life. Serum IGF-I concentration is relatively low in the fetal stage, but increases dramatically shortly after birth. During postnatal growth, IGF-I concentration continues to rise until puberty, and the rate of increase undergoes a sharp upsurge at puberty. After that, a slow decrease with age is observed, which results in a very low IGF-I level in the aged (Daughaday and Rotwein, 1989; Kikuchi et al., 1992; Argente et al., 1993).

IGF-I mRNA is detectable at the early stage of embryogenesis, even several hours after fertilization in Sparus aurata (Fukenstein et al., 1996), or during the first embryo cleavage in mouse (Doherty et al., 1994). After organogenesis, IGF-I gene expression is regulated in a tissue-specific manner. Hepatic IGF-I mRNA level is very low before birth,
but increases rapidly during the neonatal period. Hepatic IGF-I mRNA reaches the highest level at the peak of postnatal growth, followed by a slow decline after early adulthood (Burnside and Cogburn, 1992; Shoba et al., 1999; Richards et al., 2005). This pattern is about the same as the changes of serum IGF-I concentration, which strongly suggests that liver is the major site of IGF-I synthesis and principal source of circulating IGF-I after birth. A similar pattern is also observed for IGF-I mRNA in heart and kidney, with relatively smaller neonatal increases in these two tissues (Lindenbergh-Kortleve et al., 1997; Shoba et al., 1999). In contrast, in some other tissues, such as skeletal muscle, stomach, intestine and testis, the maximum expression of IGF-I mRNA occurs around the early stage of organ development, and then declines to maintain a stable level during adulthood (Adamo et al., 1989; Shoba et al., 1999; Fu et al., 2001a; Freier et al., 2005).

Brain has its unique expression pattern of IGF-I mRNA during development. IGF-I abundance is relatively high in brain during embryonic development, and increases gradually during the neonatal period, but decreases significantly with maturation, reaching the lowest point at peripuberty (Adamo et al., 1989; Shoba et al., 1999; Richards et al., 2005). Lung IGF-I mRNA level is highest during fetal growth and exhibit only minor changes during the postnatal period (Davenport et al., 1988; Adamo et al., 1989; Shoba et al., 1999). Even within a tissue, there are regional differences in the developmental patterns of IGF-I expression (Bach et al., 1991; Lindenbergh-Kortleve et al., 1997). For example, the change pattern in cerebral cortex and hypothalamus is similar with the one seen for the whole brain; however, there are no developmental changes in IGF-I mRNA level in brain stem and cerebellum, and the IGF-I mRNA expression in
olfactory bulb is decreased dramatically at the time of birth (Bach et al., 1991). Since cerebral cortex comprises a large part of the brain mass, it is not surprising that the change in pattern of IGF-I mRNA expression in this part of the brain is consistent with the one in whole brain.

Developmental changes of IGF-I mRNA expression not only differ between tissues, but also between IGF-I mRNA variants. In general, neonatal increase of the class 2 transcript is delayed compared to the class 1 transcript (Hoyt et al., 1988; Shemer et al., 1992; Shoba et al., 1999). Selection of transcription start sites within exon 1 in kidney is also under developmental regulation. In kidney, transcription initiation occurs exclusively at position -345 (where +1 is the 3’ end of exon 1) during the late fetal and neonatal stage, but transcription initiation at position -245 appears and increases rapidly after weaning (Shemer et al., 1992). A recent study also showed that in rat liver, the abundance of class 1 Eb mRNA decreased from 2- to 4-week of postnatal growth, whereas the levels of other types of IGF-I transcripts increased during this period (Lin and Oberbauer, 1998).

To define the molecular mechanisms underlying the developmental regulation of IGF-I gene expression, Shoba et al. (1999) investigated the expression of GHR and some other components of the GH signaling pathway together with IGF-I during postnatal development. Coordinate expression of IGF-I and GHR mRNA is observed in different tissues, but changes in the protein level of different signaling molecules are not in parallel with those of IGF-I. Although further study is needed to determine whether changes in the level of activated proteins parallel changes in IGF-I gene expression, this study has indicated that GHR expression is important for tissue-specific expression of the IGF-I
gene during postnatal development. Besides this, the DNase I hypersensitive site (HS7) that is regulated by GH is weakly present in the second postnatal week, but fully hypersensitive in adulthood (Bichell et al., 1992; Kikuchi et al., 1992). This is concomitant with the induction of the class 2 transcript and approximate onset of hepatic GH sensitivity. Taken together, these observations suggest that postnatal regulation of IGF-I gene expression, especially the delayed increase in the class 2 mRNA and the continued increase in the class 1 transcript two weeks after birth is GH dependent.

However, the situation is quite different during embryonic development and the neonatal period. In the chicken embryo, the accumulation of IGF-I mRNA and protein precedes the ontological activation of GH (Kikuchi et al., 1991). In rat liver, two DNase I hypersensitive sites (HS2 and HS3) were shown to occur on day 1 after birth, and they became fully hypersensitive by day 7; however, they were not activated by GH (Kikuchi et al., 1992). These observations suggest GH-independent activation of IGF-I gene expression in early embryonic development and the neonatal period.

**Other factors that regulate IGF-I gene expression**

Besides the factors mentioned above, there are many other factors that can regulate IGF-I gene expression. Serum IGF-I concentration and IGF-I mRNA level in several tissues, including liver, muscle and kidney, have been shown to decrease in various types of inflammatory conditions, such as sepsis (Lang et al., 1996), thermal injury (Ghahary et al., 1994), and trauma (Wojnar et al., 1995). Some anti-proliferative agents including retinoic acid (Lowe et al., 1992) and double-stranded RNA (Chacko and Adamo, 2000) all markedly inhibit IGF-I production by regulation of transcription and/or
mRNA stability. In cultured cells, cell density may influence IGF-I gene expression in a cell type-specific manner. For example, when C6 glioma cells grew to postconfluence, IGF-I mRNA abundance was increased more than 200-fold partially due to transcriptional activation; whereas cell density had no effect on IGF-I gene expression in OVCAR-3 cells (Wang and Adamo, 2000).

Summary

Since its discovery in 1950’s, much has been learnt about IGF-I, including its functions, mechanism of action, gene expression and regulation. However, many questions still remain to be answered, such as the molecular mechanisms underlying GH and nutritional regulation of IGF-I gene expression, the relative importance of endocrine versus paracrine/autocrine actions. Given the roles of IGF-I in animal and human physiology and pathology, the addressing of these questions may help develop new approaches to improving animal productivity and making rational therapeutic decisions.
Chapter II
Cloning and Characterization of the Bovine Class 1 and Class 2 Insulin-Like Growth Factor-I mRNA *

Abstract

Insulin-like growth factor-I (IGF-I) is an important regulator of growth, development, and metabolism, and is the primary mediator of the growth-promoting activity of growth hormone (GH) in animals. In several species, the IGF-I polypeptide is generated from IGF-I mRNA containing either exon 1 (class 1 IGF-I mRNA) or exon 2 (class 2 IGF-I mRNA) as the leader exon. The objectives of this study were to identify class 1 and class 2 IGF-I mRNA in cattle and to compare their expression in different tissues and their translational efficiency. Three class 1 IGF-I cDNAs corresponding to three different transcription start sites in exon 1 and one class 2 IGF-I cDNA were identified from adult cattle liver using 5’-rapid amplification of cDNA ends. Both classes of IGF-I mRNA were expressed in a variety of tissues, with the highest level in liver; class 1 IGF-I mRNA was more abundant than class 2 IGF-I mRNA in all tissues. The luciferase reporter mRNA fused to a class 1 IGF-I 5’-untranslated region (5’-UTR) was translated four times more efficiently in vitro than the luciferase reporter mRNA fused to a class 2 IGF-I 5’-UTR (P < 0.01). These results indicate that the IGF-I gene in cattle is transcribed as class 1 and class 2 IGF-I mRNA and that the two classes of IGF-I mRNA may be regulated differentially at both transcriptional and translational levels.

Key words: IGF-I, class 1 IGF-I mRNA, class 2 IGF-I mRNA, bovine

*. Parts of this work were published in Wang et al., 2003b.
**Introduction**

IGF-I is essential for animal growth, development, and metabolism (Daughaday and Rotwein, 1989). The primary source of IGF-I is liver, from which IGF-I is released into the blood and acts in an endocrine mode on other tissues. IGF-I is also synthesized in many extra-hepatic tissues, where it functions in an autocrine or paracrine manner (D'Ercole et al., 1984).

The mature IGF-I is a 70 aa polypeptide; it is expressed from a gene consisting of six exons (exons 1 to 6) and spanning more than 80 kb of genomic DNA in humans and rats (Rotwein et al., 1986; Shimatsu and Rotwein, 1987a; Dickson et al., 1991; Kajimoto and Rotwein, 1991). In several species, including humans (Jansen et al., 1991), rats (Lowe et al., 1987), and sheep (Wong et al., 1989), transcription of IGF-I gene is initiated from both exon 1 and exon 2, generating IGF-I mRNA containing either exon 1 (class 1 IGF-I mRNA) or exon 2 (class 2 IGF-I mRNA) as the leader exon (Holthuizen et al., 1991). The two classes of IGF-I mRNA encode prepro-IGF-I proteins differing in the signal peptide, but give rise to the same mature IGF-I polypeptide after the different signal peptides are cleaved (Holthuizen et al., 1991).

It has been reported that in rats the two classes of IGF-I mRNA differ in tissue specificity, abundance, and regulation by nutritional and hormonal factors (Lowe et al., 1987; 1989; Hall et al., 1992). Class 1 IGF-I mRNA is expressed at a relatively high level in all tissues, whereas class 2 IGF-I mRNA is expressed in a few tissues at a low level except liver (Lowe et al., 1987). The rat class 1 and class 2 IGF-I mRNA also differ in translational efficiency (Foyt et al., 1991; 1992; Yang et al., 1995). Differential
expression and translation of class 1 and class 2 IGF-I mRNA have also been demonstrated in sheep (Wong et al., 1989; Pell et al., 1993; O'Sullivan et al., 2002) and humans (Jansen et al., 1991). As in other species, IGF-I also plays an important role in development, growth, and metabolism in cattle (Cohick, 1998; Renaville et al., 2002; Oksbjerg et al., 2004). As part of the long-term goal to understand the molecular mechanisms by which IGF-I gene expression is regulated, the objectives of this study were to identify the bovine class 1 and class 2 IGF-I mRNA and to compare their expression in different tissues as well as their translational efficiency.

**Materials and Methods**

*Tissue collection*

All tissues used in this study, except testis were collected from an adult cow (nonlactating and nonpregnant) at slaughter. Testis was collected from a bull at slaughter. Tissues were immediately frozen in liquid nitrogen and stored at -80 °C until RNA extraction.

*RNA extraction*

Total RNA from bovine tissues was extracted using TRI Reagent (Molecular Research Center, Inc., Cincinnati, OH). Poly(A) RNA was extracted from total RNA using the Oligotex™ mRNA kit (Qiagen, Chatsworth, CA), according to the manufacturer’s instructions. RNA concentration was calculated based on the absorbance at 260 nm. RNA quality was confirmed by electrophoresis on agarose-formaldehyde gels.
5’-Rapid application of cDNA ends (5’-RACE)

The 5’-RACE system (Invitrogen, Carlsbad, CA) was used to amplify the 5’-end region of bovine IGF-I cDNA. The primers are summarized in Table 2.1 and Figure 2.1A. One microgram of liver poly(A) RNA was reverse-transcribed at 42 °C for 1 h in 1 × first strand buffer with 4 pmol of a bovine IGF-I exon 4-specific primer (bIGF-I-E4R1), 10 nmol of deoxynucleotide triphosphates (dNTPs), 250 nmol of dithiothreitol (DTT) and 40 U of SuperScript™ II reverse transcriptase. All cDNA products were treated with 2 U of RNase H at 37 °C for 30 min, and purified with High Pure PCR Product Purification Kit (Roche Applied Science, Indianapolis, IN). A homopolymeric cytosine tail was added to the 3’-terminal of the cDNA using 5 nmol of dCTP and 30 U of terminal deoxynucleotidyl transferase at 37 °C for 15 min. The dCTP-tailed cDNA was used as template in a PCR to amplify the IGF-I cDNA region upstream of exon 4 with the reverse primer being bIGF-I-E4R2 and the forward primer being the abridged anchor primer (AAP). The reaction mixture consisted of 5 μL of template, 5 μmol of dNTPs, 1 U of Taq DNA polymerase and 10 pmol of each primer. This PCR was performed under 35 cycles of 94 °C for 30 s, 55 °C for 30 s, and 72 °C for 1 min. The product of this PCR was diluted at 1:1000, and 1 μL of the diluted product was used as template in a second PCR to amplify the IGF-I cDNA region upstream of exon 3 with the reverse primer being bIGF-I-E3R1 and the forward primer being the abridged universal amplification primer (AUAP). This second PCR was carried out under 35 cycles of 94 °C for 30 s, 60 °C for 30 s, and 72 °C for 1 min.
**Cloning and subcloning**

The products of the 5’-RACE were separated on an agarose gel; the major DNA bands were isolated from the gel and ligated into pGEM-T Easy vector (Promega, Madison, WI), according to the manufacturer’s instructions. The ligation was transformed into *Escherichia coli* strain DH10B cells by electroporation, and selected on LB/ampicillin/5-bromo-4-chloro-3-indolyl-β-D-galactopyranoside (X-Gal)/isopropyl-β-D-thiogalactopyranoside (IPTG) plates. The plasmid DNA was isolated using the QIAprep Spin Miniprep Kit (Qiagen), and digested with *Eco* R I to determine if it contains an insert.

The 5’-UTR of class 1 IGF-I mRNA was amplified by PCR from the plasmid bIGF-C1A-pGEM containing the longest class 1 IGF-I cDNA with primers UTR-F and bIGF-E1R1 (Table 2.1). The 5’-UTR of class 2 IGF-I mRNA was amplified from the plasmid bIGF-C2-pGEM containing class 2 IGF-I cDNA with primers UTR-F and bIGF-E2R1 (Table 2.1). Both PCR, in a total volume of 25 μL, contained 0.1 ng of template and 10 pmol forward and reverse primers, and were performed under 35 cycles of 93 °C for 1 min, 58 °C for 1 min, and 72 °C for 1 min. The PCR products were digested with restriction enzymes *Hind* III and *Nco* I, and inserted immediately upstream of the translation start codon of the firefly luciferase reporter gene in pGL3-Control vector (Promega), creating constructs bIGF-C1A-pGL3C and bIGF-C2-pGL3C, respectively. The constructs, pGL3C-T7 and pRLSV40-T7, which contained a T7 promoter inserted immediately upstream of the firefly luciferase reporter gene in pGL3-Control and the
*Renilla* luciferase reporter gene in pRLSV40 vector respectively, were prepared in a previous study (Jiang and Lucy, 2001).

The orientations and sequences of the inserts in all constructs were verified by DNA sequencing.

**Sequencing and sequence analysis**

The sequencing reaction was set up using Big Dye Terminator Ready Reaction Kit (Applied Biosystems, Foster City, CA) with 400 ng of the plasmid, 3.6 pmol of T7 promoter primer or a luciferase gene specific reverse primer designated as pGL2B-260R, and was run for 50 cycles of 96°C for 10 s, 50 °C for 10 s, and 60 °C for 4 min. The cleanup and electrophoresis of these sequencing reactions were performed by Virginia Bioinformatics Institute (Blacksburg, VA). Sequence analysis was carried out using the Blast program (http://www.ncbi.nlm.nih.gov).

**Ribonuclease protection assay (RPA)**

The RPA was used to determine the relative abundance of class 1 and class 2 IGF-I mRNA in bovine tissues. The plasmid bIGF-C1A-pGEM containing a 433 bp class 1 bovine IGF-I 5’-end cDNA (Figure 2.1C) and the plasmid bIGF-C2-pGEM containing a 203 bp class 2 bovine IGF-I 5’-end cDNA (Figure 2.1C) were linearized with restriction enzymes *Nco* I and *Spe* I, respectively. Antisense RNA probes were synthesized from the linearized plasmids by *in vitro* transcription. One hundred and fifty nanograms of linearized plasmids were mixed with 10 nmol of ATP, UTP and GTP (Promega), 100 pmol of CTP (Promega), 50 μCi of $^{32}$P-CTP (3,000 Ci/mmol, 10 mCi/mL) (PerkinElmer Life and Analytical Sciences, Inc., Boston, MA), 250 nmol of DTT, 1 μL
of RNase inhibitor (Promega) and 1μl of T7 or SP6 RNA polymerase (Promega) in 1 × transcription buffer (Promega). The mixture was incubated at 37 °C for 1 h, and then treated with 2 μL of DNase I (Promega) at 37 °C for 20 min. The 32P-labeled probes were purified with phenol-chloroform extraction followed by filtration (1,100 g at 4 °C for 4 min) through Quick Spin Sephadex G-50 columns (Roche Applied Science). The activity of the probes was estimated by liquid scintillation counting, and the quality of the probes was verified by electrophoresis on 6% polyacrylamide gels containing 7 M urea.

Similarly, the bovine glyceraldehyde-3-phosphate dehydrogenase (GAPDH) antisense probe was generated from a bovine GAPDH cDNA plasmid (Kobayashi et al., 1999). The relationships between the riboprobes synthesized from IGF-I cDNAs and their corresponding mRNA transcripts are illustrated in Figure 2.2.

The RPA was performed using the RPA II kit (Ambion, Austin, TX). Briefly, 50 μg of total RNA were mixed with $5 \times 10^5$ dpm of class 1 or class 2 IGF-I antisense riboprobe, and $2 \times 10^4$ dpm of GAPDH probe in a total volume of 20 μL hybridization buffer. The mixture was incubated at 42 °C for 16 h and then digested with 200 μL of 1:100 diluted ribonucleases A and T1 at 37 °C for 45 min. The ribonuclease-protected RNA fragments were precipitated and resolved on 6% polyacrylamide gels containing 7 M urea. After gel electrophoresis, gels were dried and exposed to phosphor screens. Exposed phosphor screens were scanned on a Molecular Imager FX System (Bio-Rad Laboratories, Hercules, CA). The densities of protected bands were quantified using Quantity One software (BioRad), and were used to represent the abundance of the corresponding mRNA.
**In vitro transcription and in vitro translation**

The plasmids bIGF-C1A-pGL3C and bIGF-C2-pGL3C were linearized with restriction enzyme *Bam*H I; the linearized plasmids were used as templates in *in vitro* transcription reactions to synthesize firefly luciferase RNA with the 5’ end fused with either a bovine class 1 IGF-I 5’-UTR or a bovine class 2 IGF-I 5’-UTR. The firefly and *Renilla* luciferase RNA that were not linked with IGF-I 5’-UTR were synthesized from pGL3C-T7 and pRLSV40-T7 plasmids, respectively. The *in vitro* transcription reactions were performed using the RiboMAX Large Scale RNA Production System (Promega). One and half micrograms of linearized plasmids were incubated with 20 nmol of ATP, CTP, GTP and UTP, 500 nmol of DTT, 1 μL of RNase inhibitor and 2 μL of T7 RNA polymerase, and the mixture was incubated at 37 °C for 2 h, followed by treating with 2 μl of DNase I at 37 °C for 15 min. The transcribed RNA were purified with phenol-chloroform extraction and quantified by measuring their absorbance at 260 nm. The concentration and integrity of the synthesized RNA were verified by gel electrophoresis.

*In vitro* translation was carried out using the Rabbit Reticulocyte Lysate System (Promega) essentially as described previously (Jiang and Lucy, 2001). Briefly, 0.15 pmol of each IGF-I 5’-UTR-luciferase RNA and 1.5 fmol of Renilla luciferase RNA were mixed up with 4 μL of rabbit reticulocyte lysate, 6 U of RNase inhibitor, and 20 μM amino acid mixture, and adjusted to a total volume of 8 μL with water. The mixture was incubated at 30°C for 1 h. The activities of translated firefly luciferase and Renilla luciferase proteins were measured with the Dual Luciferase Assay kit (Promega) on a TD-20e luminometer (Tuner Designs, Sunnyvale, CA), according to the manufacturer’s
instructions. Each translation reaction was repeated four times in duplicate. Tube-to-tube variation in translatable efficiency was controlled by normalizing the luciferase activity resulted from the IGF-I 5’-UTR-luciferase RNA to that of the co-translated Renilla luciferase RNA.

**Statistical analysis**

Effects of class 1 and class 2 IGF-I 5’-UTR on translational efficiency of luciferase RNA were analyzed using the General Linear Model (GLM) procedure of SAS (SAS Institute Inc., Cary, NC). The statistical model is $Y_{ij} = \mu + \alpha_i + \epsilon_{ij}$. $\mu$ represents mean; $\alpha_i$ represents $i^{th}$ treatment effect; $\epsilon_{ij}$ represents error of treatment $i$.

**Results**

**Cloning and sequencing of the 5’ ends of bovine class 1 and class 2 IGF-I mRNA**

To determine whether the IGF-I gene is expressed as class 1 and class 2 IGF-I mRNA in cattle, a 5’-RACE was performed on adult cattle liver mRNA. The 5’-RACE generated four major cDNA products (Figure 2.1B). As revealed by sequencing, three cDNA bands (bands C1-A, C1-B, and C1-C in Figure 2.1B) contained 297, 249 and 188 bp of IGF-I exon 1, respectively, at the 5’ end and 136 bp of IGF-I exon 3 at the 3’ end; these three cDNA products corresponded to three class 1 IGF-I mRNA variants transcribed from three different transcription start sites within exon 1. The fourth cDNA band (band C2 in Figure 2.1B) contained 67 bp of IGF-I exon 2 and the same 136 bp exon 3 region; this cDNA band represented a class 2 IGF-I mRNA.

The cloned bovine IGF-I exon 1 and exon 2 each contained an ATG codon in-frame with the open reading frame in exons 3 and 4 for the mature IGF-I protein.
(GenBank accession number CAA33746). The deduced amino acid sequences from these two ATG codons differ in the NH$_2$-terminal region (Figure 2.1C).

By aligning the class 1 and class 2 bovine IGF-I cDNA sequences with the bovine IGF-I genomic DNA sequence (GenBank accession number AF404761), it was found that exon 1 is located about 1.8 kb upstream of exon 2 in the bovine IGF-I gene (Figure 2.1D). Based on the bovine genome sequence (GenBank accession number NW_616388), intron 2 (the intron between exon 2 and exon 3) is about 2.7 kb in length (Figure 2.1D). Apparently, class 1 IGF-I mRNA is generated by transcription initiated at exon 1 and splicing of exon 1 onto exon 3; class 2 IGF-I mRNA is generated by transcription initiated at exon 2 and splicing of exon 2 onto exon 3.

**Expression of class 1 and class 2 IGF-I mRNA in different bovine tissues**

Class 1 and class 2 IGF-I mRNA expression in a variety of cow tissues and bull testis was examined by RPA. The RPA with a probe corresponding to the longest class 1 IGF-I cDNA (Figure 2.2) generated seven major ribonucleases-protected bands (not including the band for GAPDH mRNA) from each bovine RNA sample (Figure 2.3A). The upper six bands represented class 1 IGF-I mRNA variants transcribed from six different start sites within exon 1; the seventh band from the top resulted from hybridization of the probe with IGF-I mRNA containing the 136 bp exon 3 region that were not class 1 IGF-I mRNA, i.e., class 2 IGF-I mRNA and potentially other unknown IGF-I mRNA variants. Three major bands (not including the band for GAPDH mRNA) were seen on the RPA (Figure 2.3B) using a probe derived from the class 2 IGF-I cDNA (Figure 2.2). The two upper bands reflected the presence of two class 2 IGF-I mRNA
variants transcribed from two closely located transcription start sites within exon 2; the third band from the top was generated from hybridization of the probe with the 136 bp exon 3 region contained in class 1 IGF-I mRNA and perhaps other unknown IGF-I mRNA variants.

As shown by the RPA (Figures 2.3A and B), both classes of IGF-I mRNA were expressed in all tissues examined, including adrenal gland, brain (cerebral cortex), fat, heart, hypothalamus, kidney, liver, lung, mammary gland, skeletal muscle, pituitary, rumen, small intestine, spleen, and testis. Both classes of IGF-I mRNA were expressed at the highest level in liver and relatively high levels in fat, mammary gland, small intestine, spleen, and testis. Class 1 IGF-I mRNA appeared to be more abundant than class 2 IGF-I mRNA in all tissues (Figure 2.3C).

*Effect of class 1 and class 2 IGF-I 5’-UTR on translational efficiency of luciferase RNA in vitro*

The 5’-UTR plays an important role in determining the translational efficiency of mRNA. To determine whether class 1 and class 2 IGF-I 5’-UTR differ in their effects on translational efficiency, RNA templates composed of class 1 or class 2 IGF-I 5’-UTR and luciferase reporter RNA were synthesized from their respective DNA constructs via *in vitro* transcription. When equal molar amounts of these RNA templates were translated *in vitro* using rabbit reticulocyte lysates, the luciferase activity generated from the luciferase reporter RNA fused to the class 1 IGF-I 5’-UTR was four times higher (*P* < 0.01) than that generated from the luciferase reporter RNA linked to the class 2 IGF-I 5’-UTR (Figure 2.4).
Discussion

The IGF-I gene has been reported to be expressed as class 1 and class 2 IGF-I mRNA variants that differ in the leader exon in several mammalian species (Lowe et al., 1987; Wong et al., 1989; Jansen et al., 1991). The results of this study indicate that the IGF-I gene in cattle is also expressed as class 1 and class 2 IGF-I mRNA. Generation of multiple IGF-I transcripts differing in the leader exon appears to be a mechanism conserved in mammals, and the conservation of this mechanism across species suggests that it may be important for control of IGF-I function.

As in humans (Jansen et al., 1991), rats (Adamo et al., 1991a) and sheep (Ohlsen et al., 1993), both class 1 and class 2 IGF-I mRNA in cattle are transcribed from multiple transcription start sites in exon 1 and exon 2, respectively. Transcription start sites are often defined by a TATA-box element (consensus sequence TATAA/TAA/T) in the proximal promoter region or an initiator element (consensus sequence C/TC/TANT/AC/T/C/T) around the transcription start site. Such a consensus TATA-box or initiator element is not present in the proximal 5’-flanking regions of or in exon 1 and exon 2 of the bovine IGF-I gene (GenBank accession number AF404761) or the IGF-I genes in the human, rat and sheep (GenBank accession numbers AH002705, AH002176 and X69472, respectively). This may explain why class 1 and class 2 IGF-I mRNA in various species are initiated from multiple transcription start sites.

In cattle, both class 1 and class 2 IGF-I mRNA are expressed in a variety of tissues with varying levels. The ubiquitous presence of both classes of IGF-I mRNA suggests that at least some of the factors controlling transcription from exon 1 and exon 2
in the bovine IGF-I gene are ubiquitous transcription factors. The differential expression of IGF-I mRNA between tissues, on the other hand, suggests that IGF-I gene expression is also controlled by tissue-specific transcription factors. Alternatively, the differential expression of IGF-I mRNA between tissues results from tissue-specific differences in GH action or tissue-specific differences in the stability of class 1 and class 2 IGF-I mRNA.

The tissue distribution patterns of class 1 and class 2 IGF-I mRNA in cattle are very similar to that in another ruminant, sheep (Ohlsen et al., 1993), but are somewhat different from that in humans (Jansen et al., 1991) and rats (Lowe et al., 1987), in which class 1 IGF-I mRNA is expressed at a relatively high level in all tissues, but class 2 IGF-I mRNA is only expressed in a few tissues at a very low level. Therefore, class 2 IGF-I mRNA expression, or stability, or both in ruminants may be controlled by mechanisms different from that in humans and rats. Besides class 1 and class 2 IGF-I mRNA, a third species of IGF-I mRNA variant using exon 1W (an exon upstream of exon 1) as the leader exon has been identified in sheep (Ohlsen et al., 1993). The bovine IGF-I gene contains sequence nearly identical to the ovine IGF-I exon 1W and its 5’-flanking sequence; therefore, such a third type of IGF-I mRNA variant may be also present in cattle. However, it is unlikely that this third species of IGF-I mRNA variant is expressed at a high level in cattle, as class 1 and class 2 IGF-I mRNA together represent nearly 100% of the total IGF-I mRNA in most bovine tissues (data not shown).

The translational efficiency of higher eukaryotic mRNA can be modulated by the 5’-UTR (Kozak, 1991; 1999). The result of the in vitro translation analysis in this study suggests that class 2 IGF-I mRNA may be translated less efficiently than class 1 IGF-I
mRNA *in vivo* due to different 5’-UTR. That class 2 IGF-I mRNA is translated less efficiently than class 1 IGF-I mRNA is consistent with the observation that in rat liver class 2 IGF-I mRNA is much less enriched on polysomes than class 1 IGF-I mRNA even when class 2 IGF-I mRNA expression is significantly increased (Foyt et al., 1991; Foyt et al., 1992). The 5’-UTR causing inefficient translation often contains structural features such as upstream AUG codons, secondary structures with high \( -\Delta G^o \) and high GC content (Kozak, 1991; 1999). However, none of these structures are contained in class 2 IGF-I 5’-UTR. Therefore, how class 2 IGF-I 5’-UTR causes its associated mRNA to be translated less efficiently than class 1 IGF-I 5’-UTR remains an intriguing question to be addressed.

In summary, the IGF-I gene is expressed as class 1 and class 2 IGF-I mRNA variants in cattle. Both classes of IGF-I mRNA are expressed in a variety of tissues. Basal expression of class 1 IGF-I mRNA is higher than that of class 2 IGF-I mRNA, and class 1 IGF-I mRNA may be also translated more efficiently than class 2 IGF-I mRNA. These findings suggest that expression of class 1 IGF-I mRNA may play a more important role than class 2 IGF-I mRNA in providing a basal level of IGF-I for normal development and growth.
Table 2.1. Sequences of primers used in this study.

<table>
<thead>
<tr>
<th>Name</th>
<th>Sequence</th>
<th>Application</th>
</tr>
</thead>
<tbody>
<tr>
<td>bIGF-I-E4R1</td>
<td>5’-ACATCTCTCCAGCCTCTCAGA-3’</td>
<td>5’-RACE</td>
</tr>
<tr>
<td>bIGF-I-E4R2</td>
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<td>5’-RACE</td>
</tr>
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<td>5’-RACE</td>
</tr>
<tr>
<td>AAP</td>
<td>5’-GGCCACGCGTCGACTAGTACGGGGIGGGGIGG-3’</td>
<td>5’-RACE</td>
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<tr>
<td>AUAP</td>
<td>5’-GGCCACGCGTCGACTAGTAC-3’</td>
<td>5’-RACE</td>
</tr>
<tr>
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<td>PCR of 5’-UTR</td>
</tr>
<tr>
<td>bIGF-E1R1</td>
<td>5’-TTCCCATGGCTTCTGAAGTCA-3’</td>
<td>PCR of 5’-UTR</td>
</tr>
<tr>
<td>bIGF-E2R1</td>
<td>5’-TGTCATGGTTTTGTGTTCG-3’</td>
<td>PCR of 5’-UTR</td>
</tr>
<tr>
<td>T7 promoter</td>
<td>5’-TAATACGACTCACTATAGGG-3’</td>
<td>Sequencing</td>
</tr>
<tr>
<td>pGL2B-260R</td>
<td>5’-CGAACGGACATTTCGAAGTA-3’</td>
<td>Sequencing</td>
</tr>
</tbody>
</table>

1 Primer UTR-F was composed of a T7 promoter (italicized), a *Hind* III restriction site (underlined) and nucleotides (bold) specific for the 5’ end of the cDNA insert.

2 Primers bIGF-E1R1 and bIGF-E2R1 were specific for IGF-I exon 1 and exon 2, respectively, and contained *Neo* I restriction sites (underlined).
A.

<table>
<thead>
<tr>
<th>Exon 1 or 2</th>
<th>Exon 3</th>
<th>Exon 4</th>
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<td></td>
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<td>bIGF-I-E4R1</td>
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<tr>
<td></td>
<td>bIGF-I-E4R2</td>
<td></td>
</tr>
</tbody>
</table>

B.

B.

C.

Class 1 IGF-I cDNA

<table>
<thead>
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<th>C1-B</th>
<th>C1-C</th>
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</thead>
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</tr>
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<td>300</td>
<td></td>
</tr>
<tr>
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<td></td>
<td></td>
</tr>
<tr>
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<td>360</td>
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<td>VKMPIOTSSHLFYYLALLACA</td>
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<td></td>
</tr>
<tr>
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<td>433</td>
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</tr>
<tr>
<td>LQFV</td>
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</tbody>
</table>
Class 2 IGF-I cDNA

\[ \text{AGTCTCATAATACCCACCCTGACCTGCTGTAAAAGATCTGGAACAAACAAAAATG} \]
\[ \text{GTTAC} \]

\[ \text{ACCTAGACAGGTGAGATGCCCATACATCTCTCCGCTATCTTCTATCTGGCCTGTG} \]
\[ \text{M V T} \]

\[ \text{ACCTACA} \]
\[ \text{CAGGTGAAGATGCCCATCACATCCTCCTCGCATCTCTTCTATCTGGCCCTGTG} \]
\[ \text{PTQVKMIPSMLFYLAG} \]

\[ \text{CTTGCTCGGCCTTCACCCGACTCGCCGAGGCCCGAGACCCTCTGCAGGGCTGTAGTT} \]
\[ \text{L N A F T S S A T A G P E T L C G A E L} \]

\[ \text{GGTGGATGCTCTCCAGTTCGTG} \]
\[ \text{V D A L Q F V} \]

\[ \text{C2} \]

**Figure 2.1.** Cloning of the 5’-end regions of bovine class 1 and class 2 IGF-I mRNA. (A) Strategy for 5’-RACE. Exons 3, 4 are present in all IGF-I mRNA variants; splicing of exon 1 or exon 2 onto exon 3 generates class 1 or class 2 IGF-I mRNA, respectively. The locations of the primers used in the 5’-RACE are indicated by arrows. Sizes of exons are not drawn to scale. (B) Separation of the 5’-RACE products on an agarose gel. Four bands, indicated as C1-A, C1-B, C1-C, and C2, were cloned into pGEM-T Easy vector. (C) Nucleotide sequences of cloned bovine class 1 and class 2 IGF-I cDNAs and deduced amino acid sequences. An in-frame translation initiation codon, ATG, is underlined in exon 1 and exon 2. Transcription start sites determined by 5’-RACE are indicated by forward arrows. The sequence of IGF-I exon 3 is italicized. The nucleotide sequences of cloned bovine class 1 and class 2 IGF-I cDNAs have been deposited in GenBank under accession numbers AY277405 and AY277406. (D) Structure of bovine IGF-I gene. Exons are shown as boxes and the numbers below them representing their sizes are based on bovine IGF-I mRNA sequences (GenBank accession numbers AF210384, AY277405 and X15726). Introns are represented by lines, and the numbers above them represent their lengths based on bovine genome sequences (GenBank accession numbers AF404761 and NW_616388). Exon 5 shown here corresponds to exon 6 in mouse IGF-I mRNA. Because no bovine mRNA corresponding to mouse IGF-I-Eb mRNA has been identified, it is not clear whether there is another exon between exons 4 and 5 in bovine IGF-I mRNA.
**Figure 2.2.** Diagram of riboprobes and corresponding mRNA. The mRNA transcripts are represented by boxes, each box representing an exon (not drawn to scale). The antisense probes are represented by lines under their corresponding mRNA. The relative positions of the boxes and lines indicate where the probes match the mRNA.
Figure 2.3. Tissue distribution of class 1 and class 2 IGF-I mRNA. (A) RPA of IGF-I mRNA in different tissues using a probe derived from the 433 bp class 1 IGF-I cDNA (Figure 2.1C). This RPA generated seven major bands for IGF-I mRNA. The top six bands represented the hybridization of the probe with six class 1 IGF-I mRNA variants differing in the transcription start site; the seventh band from the top represented the hybridization of the probe with non-class 1 IGF-I mRNA. (B) RPA of IGF-I mRNA expression in different tissues using a probe derived from the 203 bp class 2 IGF-I cDNA (Figure 2.1C). This RPA generated three major protected bands for IGF-I mRNA. The top two bands corresponded to class 2 IGF-I mRNA with two different transcription start sites; the third band corresponded to non-class 2 IGF-I mRNA. ** indicates a band due to incomplete digestion of the probe. (C) Relative abundance of class 1 and class 2 IGF-I mRNA in different tissues. The abundance of IGF-I mRNA was normalized to that of GAPDH mRNA in the same sample.
Figure 2.4. Effects of class 1 and class 2 IGF-I 5′-UTR on translational efficiency of luciferase RNA. The IGF-I 5′-UTR-luciferase RNA were translated in rabbit reticulocyte lysates. The amount of translated luciferase protein was represented by the luciferase activity, relative to that translated from an equal molar amount of luciferase RNA not linked to IGF-I 5′-UTR. Values are presented as mean ± the standard error of the mean (SEM) (n = 4). ‘*’ indicates a statistically significant difference from the other bar (P < 0.01).
Chapter III

Effects of Food Deprivation and Growth Hormone on Liver Insulin-Like Growth Factor-I Gene Expression in Steers *

Abstract

Nutritional deprivation decreases serum insulin-like growth factor-I (IGF-I) concentration in a variety of species, whereas growth hormone (GH) treatment increases the level of IGF-I in blood. The major source of circulating IGF-I is liver. Therefore, changes in serum IGF-I by nutritional deprivation and GH might be due to changes in IGF-I mRNA abundance in liver. In this study, we determined the effects of food deprivation and GH administration on the level of total IGF-I mRNA as well as the levels of both classes of IGF-I mRNA in the liver of steers. Food deprivation for nearly 3 d decreased the abundance of total IGF-I mRNA in liver by 75% ($P < 0.01$), and this decrease was associated with an equivalent decrease in the levels of both class 1 and class 2 IGF-I mRNA. Six h after a single intramuscular injection of 500 mg of recombinant bovine GH, the abundance of total IGF-I mRNA in liver was increase by 100% ($P < 0.01$), and this increase was mainly caused by an increase of class 2 IGF-I mRNA. These results suggest that food deprivation- and GH-induced changes in the level of circulating IGF-I in steers may be due to changed expression of total IGF-I mRNA in liver.

Key words: IGF-I, food deprivation, GH, steer, liver

*. Parts of this work were published in Wang et al., 2003a.
Introduction

Nutrition and GH are two important factors regulating animal growth, and both of them work through changing the production of growth factors such as IGF-I. In a variety of species, growth retardation caused by food deprivation or GH impairment is accompanied by a decrease in blood IGF-I concentration (McKern et al., 1981; Thissen et al., 1994a). The food deprivation- and GH-induced changes in blood IGF-I are thought to be caused by changed synthesis of IGF-I in liver because the majority of blood IGF-I is secreted from liver (Sjogren et al., 1999). In many species, IGF-I mRNA is heterogeneous, with some containing exon 1 as the leader exon (class 1 IGF-I mRNA) and some containing exon 2 as the leader exon (class 2 IGF-I mRNA). In rats, it has been reported that food deprivation decreases the levels of both classes of IGF-I mRNA in liver, with a greater decrease in class 2 IGF-I mRNA (Lowe et al., 1989). In response to GH, the major hormonal regulator of IGF-I, the expression of both class 1 and class 2 IGF-I mRNA was increased, but the increase in class 2 IGF-I mRNA is two-fold higher than that in class 1 IGF-I mRNA (Lowe et al., 1987; Hall et al., 1992).

As reported in Chapter II, the bovine IGF-I mRNA is also expressed as class 1 and class 2 variants. The objectives of this study were to examine the effects of food deprivation and GH on the levels of both classes of IGF-I mRNA variants and total IGF-I mRNA in the liver of steers.
Materials and Methods

Animals and tissue collection

Angus steers (n = 12) that were between 8 and 9 mo of age and weighed 274 ± 18 kg (mean ± SD) were maintained in a pasture at the Virginia Tech beef cattle farm (Blacksburg, VA). Each steer had free access to grass and water and also received 2.3 kg daily of a grain supplement containing ~ 3.2 \times 10^4 \text{kJ} digestible energy and 17\% crude protein. Steers were acclimated to periodic confinement before the following experiments. Steers were randomly assigned to two groups, with each group containing six steers. One group (fed group) continued to have free access to grass, water and the daily supplement; the other group (food-deprived group) had access to water only. Sixty-two hours after food deprivation was initiated, a liver biopsy sample of ~ 200 mg was taken from each steer.

Another ten steers (311 ± 34 kg body weights) were randomly allocated to two groups, with five in each group. The steers in one group received a single intramuscular injection of 500 mg of recombinant bovine GH (Monsanto Company, St. Louis, MO), and the steers in the other group were treated with saline. Six hours after injection, liver samples were collected from each steer via biopsy. These ten steers had free access to grass and water during the experiment.

The liver biopsy was performed according to a procedure described previously (Oxender et al., 1971). Liver tissue samples were immediately frozen in liquid nitrogen and stored at -80 °C until RNA extraction. The animal-related procedures were approved by the Virginia Tech Animal Care Committee.
RNA extraction and ribonuclease protection assay (RPA)

Total RNA from liver tissue samples was isolated using TRI Reagent (Molecular Research Center, Inc.), according to the manufacturer’s instructions. RNA concentration was determined by measuring absorbance at 260 nm and RNA integrity was verified by electrophoresis on formaldehyde-agarose gels.

RPA was used to determine the levels of total IGF-I mRNA, class 1 and class 2 IGF-I mRNA variants, and glyceraldehyde-3-phosphate dehydrogenase (GAPDH) mRNA. The antisense probes for the RPA were synthesized by in vitro transcription of appropriate cDNA plasmids as described in Chapter II. The cDNA plasmid used to synthesize the antisense probe for analysis of total IGF-I mRNA was a pGEM-T Easy plasmid containing a 200 bp cDNA insert that corresponded to 137 bp of exon 3 and 63 bp of exon 4 of the bovine IGF-I gene (provided by Dr. Matthew C. Lucy from University of Missouri, Columbia, MO; (Kobayashi et al., 1999). The cDNA plasmid used to synthesize the antisense probe for analysis of class 1 IGF-I mRNA variants was bIGF-C1A-pGEM containing a 433 bp cDNA insert that was composed of 297 bp of exon 1 and 136 bp of exon 3 of the bovine IGF-I gene. The cDNA plasmid used to synthesize the antisense probe for analysis of class 2 IGF-I mRNA was bIGF-C2-pGEM containing a 203 bp cDNA insert corresponding to 67 bp of exon 2 and 136 bp of exon 3 of the bovine IGF-I gene. Both of them were generated by 5’-RACE in Chapter II. The relationships between the riboprobes synthesized from these IGF-I cDNAs and their corresponding mRNA transcripts are illustrated in Figure 3.1. The RPA was carried out on 30 µg of total RNA using the RPA II kit (Ambion), according to the manufacturer’s
instructions with modifications described in Chapter II. Each hybridization tube contained $5 \times 10^5$ dpm of IGF-I and $2 \times 10^4$ dpm of GAPDH probes. The ribonuclease-protected RNA fragments were resolved by electrophoresis on 6% acrylamide gels containing $7 \ M$ urea. The gels were dried, exposed to phosphor-screens, and scanned on a Molecular Imager FX System (BioRad). The intensity of protected bands was measured using the Quantity One software (BioRad).

**Statistical analysis**

The densities of the protected IGF-I mRNA bands were adjusted to the densities of GAPDH mRNA in the same sample. The adjusted densities were analyzed using the General Linear Model (GLM) procedure of SAS (SAS Institute), in which the effects of food deprivation or GH treatment were tested. The statistical model is $Y_{ij} = \mu + \alpha_i + \epsilon_{ij}$. $\mu$ represents mean; $\alpha_i$ represents $i^{th}$ treatment effect; $\epsilon_{ij}$ represents error of treatment $i$.

**Results**

**Effects of food deprivation on hepatic IGF-I gene expression in steers**

The levels of total liver IGF-I mRNA in food-deprived and fed steers were measured using an RPA with an antisense probe able to hybridize with all IGF-I mRNA variants. On the basis of this RPA (Figure 3.2A), the level of total liver IGF-I mRNA of food-deprived steers was reduced by 75% ($P < 0.01$) compared with that in fed steers (Figure 3.2B). Food deprivation did not change ($P = 0.87$) the expression of GAPDH mRNA in liver.

We next measured the levels of class 1 and class 2 IGF-I mRNA in the liver of food-deprived and fed steers using RPA with probes specific for exon 1- or exon 2-
containing IGF-I transcripts (Figure 3.2A). When the levels of all IGF-I mRNA variants within one class were combined, the levels of total class 1 IGF-I mRNA and total class 2 IGF-I mRNA in food-deprived steers were 62 and 66% lower ($P < 0.01$), respectively, compared with those in fed steers (Figure 3.2B). Based on the densities of the third band on the RPA of class 2 IGF-I mRNA and the seventh band on the RPA of class 1 IGF-I mRNA, the levels of nonclass 2 IGF-I mRNA and the levels of nonclass 1 IGF-I mRNA in food-deprived steers were 66 and 68% lower ($P < 0.01$), respectively, than those in fed steers. Food deprivation appeared to decrease equally the levels of IGF-I mRNA variants with different transcription start sites within class 1 or class 2 (Figure 3.2B).

**Effects of GH on hepatic IGF-I gene expression in steers**

Total IGF-I mRNA levels in steer liver were increased by 100% ($P < 0.01$) by GH treatment (Figure 3.3A and D). As shown in Figures 3.3C and D, the levels of class 2 IGF-I mRNA in the liver of steers treated with GH were 62% higher than those in control steers ($P < 0.05$). The two class 2 IGF-I mRNA variants that differ in transcription start sites appeared to be increased by GH treatment to the same extent. GH treatment increased the class 1 IGF-I mRNA expression in liver by 29%, but this increase was not statistically significant ($P = 0.07$; Figures 3.3B and D).

**Discussion**

IGF-I gene expression can be regulated by many factors, among which nutrition and GH are two of the most important ones. In this study, we examined the effects of food deprivation and GH on IGF-I gene expression in steer liver. Our results confirm and
extend the knowledge of how food deprivation and GH affect hepatic IGF-I gene expression.

In this study, we found that food deprivation for nearly 3 d caused a 75% decrease in liver total IGF-I mRNA in steers. Because it is unlikely that the translatability of IGF-I mRNA is increased during food deprivation (Thissen et al., 1991a), a 75% decrease in liver IGF-I mRNA suggests a similar level of reduction in liver production of IGF-I protein. Because the IGF-I secreted from liver contributes to the majority of blood IGF-I (Sjogren et al., 1999), a 75% decrease in liver IGF-I mRNA level would significantly decrease blood IGF-I concentration in food-deprived steers, which was confirmed by a radioimmunoassay showing a 63% reduction in serum IGF-I in these steers (Wang et al., 2003a).

The food deprivation-induced decreases in liver IGF-I mRNA in rats were reported to be mediated at multiple levels, including reduced transcription of the IGF-I gene (Straus and Takemoto, 1990a; Hayden et al., 1994), decreased processing of IGF-I pre-mRNA (Zhang et al., 1998) and decreased stability of IGF-I mRNA (Zhang et al., 1998). Little is known about how food deprivation decreases IGF-I gene transcription, the processing of IGF-I pre-mRNA or the stability of IGF-I mRNA. It is difficult to address these questions due to the presence of multiple forms of IGF-I mRNA in liver. In rats, food deprivation decreases both class 1 and class 2 IGF-I mRNA in liver, with a much greater effect on class 2 IGF-I mRNA (Lowe et al., 1989), suggesting that different mechanisms mediate the effect of food deprivation on class 1 and class 2 IGF-I mRNA in rats. This does not mean, however, that a similar mechanism explains effects of food deprivation on liver IGF-I mRNA in steers.
deprivation on IGF-I in all species. Indeed, we found that food deprivation equally decreased class 1 and class 2 IGF-I mRNA in cattle and also equally decreased the IGF-I mRNA variants with different transcription start sites within each class. These results suggest that, unlike rodents, a common mechanism may mediate the food deprivation-induced decreases in the levels of different IGF-I mRNA variants in cattle. We speculate that this common mechanism involves a decrease in the activity of a transcription factor that controls the transcription from both exon 1 and exon 2 of the IGF-I gene (hence the transcription from both exon 1 and exon 2 is decreased) and/or a decrease in the binding of a RNA binding protein to both class 1 and class 2 IGF-I pre-mRNA (hence the processing of both classes of IGF-I pre-mRNA is decreased) and/or a decrease in the binding of an RNA binding protein to all mature IGF-I transcripts (hence all IGF-I transcripts are destabilized). These possibilities should be tested in future studies.

It has been known for decades that GH can increase IGF-I gene expression in liver (Mathews et al., 1986; Roberts et al., 1986). In this study, we confirmed that GH can increase the level of total IGF-I mRNA in cattle liver. We also observed that only the level of class 2 IGF-I mRNA was increased in response to GH in cattle liver. Similar effects of GH on liver IGF-I mRNA expression, including a greater increase in class 2 IGF-I mRNA, have also been observed in rats (Lowe et al., 1987) and sheep (Pell et al., 1993), suggesting that a common mechanism mediates the GH regulation of IGF-I gene expression across species. Studies in mice (Mathews et al., 1986) and rats (Bichell et al., 1992) indicate that GH increases IGF-I mRNA expression in liver predominantly through increased transcription. However, a recent study on GH regulation of IGF-I mRNA in
lambs suggests that GH not only increases IGF-I transcription from both exon 1 and exon 2, but also increases the stability of class 2 IGF-I mRNA (O'Sullivan et al., 2002). Whether the GH-induced greater increase in class 2 IGF-I mRNA in cattle liver is also due to increased stability of class 2 IGF-I mRNA remains to be determined in future studies.

In summary, the results of this study suggest that the food deprivation-induced decrease in total IGF-I mRNA abundance in steers may be caused by the coordinate decrease in the levels of all IGF-I mRNA transcripts in liver. However, the increased abundance of total IGF-I mRNA in response to GH may be mainly caused by a greater increase in class 2 IGF-I mRNA.
Figure 3.1. Diagram of riboprobes and corresponding mRNA. The mRNA transcripts are represented by boxes, each box representing an exon (not drawn to scale). The antisense probes are represented by lines under their corresponding mRNA. The relative positions of the boxes and lines indicate where the probes match the mRNA.
<table>
<thead>
<tr>
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<td></td>
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</tr>
<tr>
<td></td>
<td>Y37</td>
<td>Y41</td>
<td>Y52</td>
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</tbody>
</table>

- **Total IGF-I**
- **Class 1 IGF-I**
- **Non-class 1 IGF-I**
- **Class 2 IGF-I**
- **Non-class 2 IGF-I**
- **GAPDH**
Figure 3.2. Effect of food deprivation on the levels of IGF-I mRNA in the liver of steers. (A) Phosphor images of RPA for total IGF-I mRNA and class 1 and class 2 IGF-I mRNA in the liver of six fed steers (Y12, Y17, Y20, Y35, Y40 and Y47) and six food-deprived steers (Y7, Y26, Y27, Y37, Y41 and Y52). The RPA protected bands are indicated with arrows and the mRNA they represent. Note that class 1 IGF-I mRNA contain transcripts initiated at six different start sites (1 to 6) within exon 1 and that class 2 IGF-I mRNA contain transcripts initiated at two different start sites within exon 2. "Non-class 1 IGF-I" and "non-class 2 IGF-I" represent the IGF-I mRNA except class 1 IGF-I mRNA and the IGF-I mRNA except class 2 IGF-I mRNA, respectively. Yeast tRNA (tRNA) was included in each RPA as a negative control. The # indicates a band from incomplete digestion of the probe. (B) Relative abundance of total IGF-I mRNA, total class 1 IGF-I (total C1) mRNA, total class 2 IGF-I (total C2) mRNA and class 1 or class 2 IGF-I mRNA variants with different start sites in fed and food-deprived steers. Each bar represents the mean ± SEM (n = 6). *Different from fed steers, P < 0.01.
### A.

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<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
</tr>
</tbody>
</table>

- total IGF-I mRNA
- GAPDH mRNA

### B.

<table>
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<th>control</th>
<th>control</th>
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<tr>
<td></td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
<td>1 2 3 4 5</td>
</tr>
</tbody>
</table>

- class 1 IGF-I mRNA
- non-class 1 IGF-I mRNA
- GAPDH mRNA
Figure 3.3. Effects of GH on total and both classes of IGF-I mRNA expression in steer liver. The liver RNA from five steers administered with GH (GH-treated) and five steers injected with saline (control) were analyzed for total, class 1 and class 2 IGF-I mRNA expression. (A) RPA using a total IGF-I mRNA specific probe. (B) RPA using a class 1 IGF-I mRNA specific probe. (C) RPA using a class 2 IGF-I mRNA specific probe. (D) Abundance of total, class 1 and class 2 IGF-I mRNA relative to that of GAPDH mRNA in GH-treated and control bovine liver. Values are expressed as mean ± SEM (n = 5). ‘*’ indicates *P* < 0.01, and ‘**’ indicates *P* < 0.05.
Chapter IV
Identification of a Distal STAT5-Binding DNA Region That May Mediate Growth Hormone Regulation of Insulin-Like Growth Factor-I Gene Expression *

Abstract

Growth hormone (GH) regulates insulin-like growth factor-I (IGF-I) gene expression through signal transducer and activator of transcription 5b (STAT5b) and STAT5a. The objective of this study was to identify the cis-regulatory DNA region involved in this process. By cotransfection analyses of shotgun DNA fragments of a bacterial artificial chromosome sequence containing the entire human IGF-I gene and a large 5' flanking region, a ~ 700 bp DNA region ~ 75 kb 5' to the IGF-I gene was found to have the ability to enhance gene expression from both heterologous and homologous promoters in the presence of constitutively active STAT5a or STAT5b. This 700 bp DNA region contains two closely located consensus STAT5-binding sites, and its sequence appears to be evolutionarily conserved. Electrophoretic mobility shift assays verified the ability of the two putative STAT5-binding sites to bind to STAT5a and STAT5b. Cotransfection analyses confirmed that both STAT5-binding sites were necessary for the 700 bp DNA region to mediate STAT5a or STAT5b activation of gene transcription. Chromatin immunoprecipitation assays demonstrated that the chromosomal region containing these two STAT5-binding sites was bound by overexpressed constitutively active STAT5b protein in Hep G2 cells and that the binding was accompanied by

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increased expression of IGF-I mRNA, as shown by real time PCR analysis. In reconstituted GH-responsive cells, this 700 bp DNA region was able to mediate GH-induced STAT5a or STAT5b activation of gene expression. These results together suggest that this STAT5-binding sites-containing distal 5'-flanking region of IGF-I gene may be an enhancer mediating GH-induced STAT5 activation of IGF-I gene transcription.

*Key words:* IGF-I, GH, STAT5, enhancer
**Introduction**

IGF-I is an important endocrine and paracrine regulator of cell proliferation and metabolism (Daughaday and Rotwein, 1989). Most of the circulating IGF-I is produced from liver (Sjogren et al., 1999), and IGF-I production in this tissue is primarily controlled by pituitary GH at the transcriptional level (Mathews et al., 1986; Bichell et al., 1992). GH regulation of IGF-I gene expression has been known for decades, but the underlying mechanism is not completely understood. Since the effect of GH on IGF-I gene expression is rapid (Bichell et al., 1992; Gronowski and Rotwein, 1995) and independent of protein synthesis (Gronowski et al., 1996), GH-induced IGF-I gene expression is believed to result from GH-induced direct interaction of transcription factors with regulatory DNA regions in the IGF-I gene. A lot of work has been attempted to map such regulatory DNA regions (Thomas et al., 1994; Le Stunff et al., 1995; Thomas et al., 1995; Ye et al., 1997; Benbassat et al., 1999), but a convincing GH-responsive regulatory element has not been identified. The slow progress in identifying the *cis*-regulatory DNA regions mediating GH induction of IGF-I gene transcription is perhaps due to the lack of convenient GH-responsive cell lines and the complexity of IGF-I gene structure.

Signal transducer and activator of transcription 5b (STAT5b) is a well established component of the GH signaling pathway (Kopchick and Andry, 2000; Piwien-Pilipuk et al., 2002). The STAT5b-null mice had 50% less liver IGF-I mRNA and 30% lower serum IGF-I concentration than the wild-type mice (Udy et al., 1997; Davey et al., 2001) and did not increase liver IGF-I mRNA abundance or blood IGF-I concentration in response
Overexpression of a dominant-negative STAT5b mutant completely prevented GH-induced IGF-I gene expression in liver, whereas that of a constitutively active STAT5b mutant led to robust, GH-independent IGF-I gene expression in the hypophysectomized rats (Woelfle et al., 2003a). Mutation of the STAT5b gene or GHR gene, which causes a defect in the STAT5 signaling pathway, has been recently discovered to cause growth hormone insensitivity, including reduced serum IGF-I concentration in human patients (Kofoed et al., 2003; Milward et al., 2004; Hwa et al., 2005). These findings together indicate that STAT5b is a key transcription factor mediating GH regulation of IGF-I gene transcription. In addition to STAT5b, STAT5a, a protein that is 96% identical in sequence to STAT5b (Liu et al., 1995) and recognizes the same DNA sequence as STAT5b (Ehret et al., 2001), may be another transcription factor mediating GH stimulation of IGF-I gene transcription. Supporting this role of STAT5a is the observation that STAT5a and STAT5b double knock-out mice had lower serum IGF-I level and showed greater growth retardation than STAT5b knockout mice (Teglund et al., 1998).

Because GH stimulation of IGF-I gene expression may be directly mediated by STAT5, the cis-regulatory DNA regions involved might be the regions that contain STAT5-binding sites. A region within the rat IGF-I intron 2 has recently been identified to contain two STAT5-binding sites and to mediate GH-stimulated IGF-I gene expression in the liver of rats (Woelfle et al., 2003b). However, the corresponding bovine and human IGF-I intron 2 regions bear limited sequence homology to the rat IGF-I intron 2 region and contain only one putative STAT5-binding site. We therefore hypothesized that GH-
induced STAT5 activation of IGF-I gene expression in bovine and human might be mediated by DNA regions other than or in addition to the IGF-I intron 2 region. The objective of this study was to identify additional cis-regulatory DNA region involved in GH-induced STAT5 activation of IGF-I gene transcription.

**Materials and Methods**

**Genomic DNA extraction**

Genomic DNA from the bovine tissue was isolated by standard proteinase K digestion followed by phenol-chloroform extraction. The concentration and quality of extracted DNA were determined by spectrophotometry and electrophoresis.

**Bacterial artificial chromosome (BAC) library screening**

A 200 bp bovine IGF-I exon 4 DNA fragment was amplified by PCR using 200 ng of bovine genomic DNA as template, 0.4 μM of primers bIGF-I-E4F1 and bIGF-I-E4R3 (Table 4.1), 0.2 mM of dNTPs and 2.5 U of Taq DNA polymerase (Promega). The PCR fragment was labeled with \(^{32}\)P-dATP (3000Ci/mmol, 10mCi/mL) (PerkinElmer Life and Analytical Sciences, Inc.) using Prime-It II Random Primer Labeling Kit (Stratagene, La Jolla, CA), according to the manufacturer’s instructions. Briefly, 25 ng of template and 10 pmol of primer bIGF-I-E4R3 were mixed up with water, and denatured at 100 °C for 5 min. The template-primer mixture was subsequently added with 10 μL of 5 × primer buffer, 5 μL of \(^{32}\)P-dATP, and 1 μL of Klenow DNA polymerase. The labeling reaction was carried out at 37 °C for 30 min and stopped by adding 2 μL of stop mix. A 1.9 kb bovine IGF-I fragment corresponding to exon 1 and 5’-flanking region was released from plasmid bIGF-I-1.9K by digestion of the plasmid with Kpn I and Xho I, and labeled with
$^{32}$P-dATP using Prime-a-Gene Labeling System (Promega), according to the manufacturer’s instructions. Briefly, 30 ng of template was denatured at 100 °C for 5 min, and then mixed with 10 μl of 5 × labeling buffer, 1 nmol of dCTP, dTTP, and dGTP, 5 μL of $^{32}$P-dATP, and 1 μL of Klenow DNA polymerase. The mixture was incubated at room temperature for 1 h, and the reaction was terminated by heating at 100 °C for 2 min. Both labeled fragments were purified using Quick Spin Sephadex G-50 columns (Roche Applied Science), and used as probes in screening a bovine BAC library (BAC-PAC Resources, Children's Hospital Oakland Research Institute, Oakland, CA). This library had approximately six-fold total genomic representation and was gridded onto six nylon filters, each containing 18,432 independent clones in duplicate. Filters were prehybridized in a solution containing 50% formamide, 5 × SSPE (20 × SSPE = 3 M NaCl, 0.2 M NaH$_2$PO$_4$ and 0.02 M EDTA), 5 × Denhardt’s solution (50 × Denhardt’s solution = 1% Ficoll 400, 1% polyvinylpyrrolidone and 1% BSA), 0.1% SDS and 100 μg/mL of sheared herring testis DNA at 42 °C for 5 h. Hybridization was performed at 42 °C overnight in the same prehybridization buffer except about 10$^7$ dpm of probes were added. After hybridization, filters were washed twice with 2 × SSC (20 × SSC = 3 M NaCl and 0.3 M sodium citrate) and 0.5% SDS at room temperature for 15 min each, and three times with 1 × SSC and 0.1% SDS at 65 °C for 30 min each. Filters were exposed to X-ray films at -80 °C for 4 d before developing. Positive clones were purchased from BAC-PAC Resources. Two sets of PCR were performed to confirm the inclusion of IGF-I gene. One PCR was performed using BAC DNA as template, and primers bIGF-I-E4F1 and bIGF-I-E4R3 (Table 4.1) under 35 cycles of 94 °C for 1 min, 55 °C for 30 s, and 72
°C for 45 s. Another PCR was performed using BAC DNA as template, and primers bIGF-IP1381F and bIGF-I-PR1 (Table 4.1) under 35 cycles of 94 °C for 1 min, 58 °C for 45 s, and 72 °C for 90 s.

**Shotgun library construction**

A BAC clone (RP11-210L7) containing the entire human IGF-I gene and ~ 84 kb 5'-flanking region was purchased from BAC-PAC Resources. The BAC plasmid DNA was purified using a Plasmid Maxiprep kit (Qiagen), and the quality was confirmed by electrophoresis. The plasmid DNA was sheared by sonication with five pulses of 5 s each at power setting 35% using the sonic dismembrator model 300 (Fisher Scientific International Inc., Pittsburgh, PA). The sonicated DNA was size-fractionated by gel electrophoresis, and fragments between 2 and 4 kb were selected and purified using a QIAquick Gel Extraction kit (Qiagen). Ends of DNA fragments were blunted with T4 and Klenow DNA polymerases (Promega). The pGL2-Promoter vector (Promega) was digested with Sma I, and then dephosphorylated with calf intestinal alkaline phosphatase (CIAP) (Promega). The end-repaired DNA fragments were ligated into pGL2-Promoter vector at the Sma I site, and transformed into *E. coli* strain DH10B cells by electroporation. Approximately 300 clones were randomly picked to verify the inclusion of inserts in the plasmids.

**Plasmid construction**

A 1,882 bp bovine IGF-I genomic DNA fragment containing 1,852 bp 5’-flanking region of exon 1 and 30 bp of exon 1 was amplified by PCR using 200 ng of bovine genomic DNA as template and primers bIGF-I-PF1 and bIGF-I-PR1 (Table 4.1). A 3,776
bp bovine IGF-I genomic region spanning from 1,852 bp upstream from exon 1 to 42 bp downstream from exon 2 was amplified by PCR using 200 ng of bovine genomic DNA as template, and primers bIGF-I-PF1 and bIGF-I-PR2 (Table 4.1). These two PCR products were digested with \textit{Kpn} \text{I} and \textit{Xho} \text{I}, and cloned into pGL2-Basic vector (Promega) digested with the same restriction enzymes to generate plasmid bIGF-I-1.9K and bIGF-I-3.7K, respectively. A 940 bp promoter 1 of human IGF-I gene, from which class 1 IGF-I mRNA is transcribed, was amplified from a human IGF-I-containing BAC clone (RP11-210L7) by PCR with primers hIGF-I-82400F and bIGF-I-PR1 (Table 4.1). This PCR product was subsequently cloned into pGL2-Basic vector between the \textit{Kpn} \text{I} and \textit{Xho} \text{I} restriction sites to generate plasmid IGFP1-pGL2B. From the same BAC clone, a 2871 bp human IGF-I intron 2 region was amplified by PCR using primers bIGF-I-E2F3993 and bIGF-I-E3R1 (Table 4.1) and cloned into the pGL2-Promoter vector between the \textit{Sma} \text{I} and \textit{Kpn} \text{I} sites, resulting a construct named IGF-Intron2-pGL2P. The 700 bp distal 5'-flanking region of human IGF-I gene, identified as a STAT5-binding enhancer in this study, was amplified by PCR using primers hIGF-I-7312F and hIGF-I-8004R (Table 4.1). The PCR product was digested with \textit{Sma} \text{I} and \textit{Kpn} \text{I} restriction enzymes and inserted upstream of the luciferase reporter gene in pGL2-Basic vector, of the SV40 promoter in pGL2-Promoter vector, of the human IGF-I promoter in IGFP1-pGL2B, or of the thymidine kinase (TK) promoter in pGL2TK vector to generate plasmids 700bp-pGL2B, 700bp-pGL2P, 700bp-IGFP1-pGL2B, or 700bp-pGL2TK, respectively. The pGL2TK vector was prepared by inserting the TK promoter from pSPI-LUC plasmid (provided by Dr. Tim Wood from Karolinska Institute, Novum, Huddinge, Sweden; Wood et al., 1997)
into pGL2-Basic vector. The corresponding 700 bp distal 5'-flanking region of bovine IGF-I gene was amplified by PCR from a bovine BAC clone (RP42-161J14, isolated by screening bovine BAC library) using primers hIGF-I-7312F and hIGF-I-8004R, and cloned into pGL2-Promoter vector to generate b700bp-pGL2P. Six copies of a growth hormone response element (GHRE), each containing two adjacent STAT5-binding sites, were removed from pSPI-LUC I (Wood et al., 1997) and inserted upstream in pGL2-Promoter vector to generate construct GHRE.

The first putative STAT5-binding sites in the 700 bp distal 5'-flanking region of IGF-I gene in plasmid 700bp-pGL2P was mutated by PCR-based site-directed mutagenesis. Briefly, two sets of PCR were performed using plasmid 700bp-pGL2P as templates, and primers hIGF-I-7312F and hIGF-I-7426R in one set, and primers hIGF-I-7403F and hIGF-I-8004R in another set (Table 4.1). The products of two PCR were purified following gel electrophoresis and they combined to serve as template in a third PCR using primers hIGF-I-7312F and hIGF-I-8004R (Table 4.1). The product of this PCR was digested with Sma I and Kpn I, and cloned into pGL2P vector to generate mutation construct 700bpm1-pGL2P. The other two mutation constructs, 700bpm2-pGL2P (in which the second STAT5-binding site was mutated) and 700bpm3-pGL2P (in which both STAT5-binding sites were mutated) were generated by a similar strategy with sequence-specific primers (Table 4.1). The mutated inserts from these pGL2P-based constructs were also subcloned into pGL2TK vector at Sma I and Kpn I sites to generate the pGL2TK-based mutation constructs 700bpm1-pGL2TK, 700bpm2-pGL2TK, and 700bpm3-pGL2TK, respectively.
A full-length bovine GHR cDNA fragment was released from bGHR-PCR2.1 plasmid which was cloned previously in this lab (Dr. H. Jiang, unpublished data), and subcloned into the BamH I and Xba I sites of pcDNA3.1 to generate plasmid pcDNA3-bGHR. The ability of the pcDNA3-bGHR plasmid to express GHR protein was verified by in vitro transcription and translation in rabbit reticulocyte lysates (Promega) in the presence of [\(^{35}\)S]methionine (PerkinElmer Life And Analytical Sciences, Inc.).

The inserts in all constructs mentioned above were verified by sequencing using primers listed in Table 4.1.

The expression plasmids encoding wild-type mouse STAT5a, constitutively active STAT5a mutant STAT5a-N642H, and wild-type mouse STAT5b were provided by Dr. Kouichi Ariyoshi (The University of Tokyo, Tokyo, Japan) (Ariyoshi et al., 2000). The plasmid encoding constitutively active STAT5b mutant STAT5b\(^{CA}\) was provided by Dr. Peter Rotwein (Oregon Health and Science University, Portland, OR; Woelfle et al., 2003a).

**Cell culture**

FIB cells, a bovine embryo-derived cell line (provided by Dr. R. M. Akers from Virginia Polytechnic Institute and State University, Blacksburg, VA), MAC-T cells, a bovine mammary epithelial cell line (Huynh et al., 1991) and C2C12 cells, a mouse myogenic cell line (ATCC, Manassas, VA) were cultured in Dulbecco's modified Eagle's medium with 4 mM of L-glutamine, 100 U/mL of penicillin, 100 µg/mL of streptomycin, and 10% fetal bovine serum. CHO cells, a Chinese hamster ovary cell line (Puck et al., 1958), Hep G2 cells (ATCC) and Huh-7 cells (Nakabayashi et al., 1982), two hepatoma-
derived cell lines were grown in minimum essential medium containing 1 mM of sodium pyruvate, 2 mM of L-glutamine, 100 U/mL of penicillin, 100 μg/mL of streptomycin, and 10% fetal bovine serum. All cells were cultured at 37 °C in a humidified 5% CO2 atmosphere. All reagents used in cell culture were from Sigma-Aldrich, Inc. (St. Louis, MO).

**Transfection analysis**

In all the transfection analyses, cells at a density of $3 \times 10^4$ per well were plated onto 24-well plates 24 h before transfection, and the luciferase activities were measured using the Dual Luciferase Reporter Assay System (Promega) according to the manufacturer’s instruction.

To identify STAT5-responsive IGF-I DNA regions, 0.5 µg of reporter gene construct and 40 ng of constitutively active STAT5 expression plasmid were cotransfected with 1 ng of pRL-CMV (transfection efficiency control plasmid from Promega) into 50% confluent MAC-T cells in 24-well plates using FuGENE 6 (Roche Applied Science), and the luciferase activities were measured 48 h after transfection.

In transfection analyses to determine GH response of bovine IGF-I proximal promoter, 2 µg of reporter gene construct (bIGF-I-3.7K) and 0.2 ng of pRL-CMV were transfected with (in FIB, Hep G2, and Huh 7 cells) or without (in C2C12 cells) 200 ng of bovine GHR expression plasmid pcDNA3-bGHR. To determine the ability of 700 bp region to mediate GH-induced gene expression, cells in each well were transfected with 0.5 µg of the respective reporter gene construct, 200 ng of bovine GHR expression plasmid, 200 ng of wild-type STAT5a or STAT5b expression plasmid, and 1 ng of pRL-
CMV. In these two assays, the medium was replaced with serum-free medium 24 h after transfection, and the cells were grown for a further 16 h. Following that, the medium was replaced with serum-free medium containing 500 ng/mL recombinant bovine GH (provided by the National Hormone and Peptide Program), and the cells were grown for another 8 h before luciferase assay.

**Nuclear protein extraction**

Approximately 1 x 10⁶ CHO cells were plated in 100-mm dishes 24 h before transfection. In one experiment, cells were transfected with 20 μg of empty vector (pcDNA3.1), or constitutively active STAT5 expression plasmid. Forty-eight hours later, the nuclear proteins were extracted. In another experiment, cells were transfected with 10 μg of bovine GHR expression plasmid and 10 μg of wild-type STAT5 expression plasmid. Forty hours after transfection, the medium was replaced with serum-free medium, and the cells were grown for a further 8 h. Following that, the medium was replaced with serum-free medium containing 500 ng/mL recombinant bovine GH, and nuclear proteins were extracted 30 min later.

Nuclear protein extraction was carried out according to a standard protocol (Ausubel et al., 1994). Briefly, cells were scraped from the dishes in PBS at 4 °C and pelleted at 1,811 g for 10 min. Cells were lysed in cell lysis buffer (10 mM HEPES pH = 7.9, 1.5 mM MgCl₂, 10 mM KCl, 0.2 mM PMSF, 0.5 mM DTT), and then homogenized with 10 up-and-down strokes in a glass Dounce homogenizer using type B pestle to release nuclei. Nuclei were collected after centrifugation at 3,220 g for 15 min at 4 °C, and then resuspended in low-salt buffer (20 mM HEPES pH = 7.9, 25% glycerol, 1.5 mM
MgCl₂, 20 mM KCl, 0.2 mM EDTA, 0.2 mM PMSF, 0.5 mM DTT). Following that, high-salt buffer (20 mM HEPES pH = 7.9, 25% glycerol, 1.5 mM MgCl₂, 1.2 M KCl, 0.2 mM EDTA, 0.2 mM PMSF, 0.5 mM DTT) was added dropwise, and the suspension was incubated on a rotating platform at 4 °C for 30 min. The nuclear extracts were collected by centrifuging at 20,817 g for 30 min at 4 °C, and dialysed to remove salts using Slide-a-lyzer Mini Dialysis Units (Pierce Biotechnology, Inc., Rockford, IL) in a dialysis buffer (20 mM HEPES pH = 7.9, 20% glycerol, 100 mM KCl, 0.2 mM EDTA, 0.2 mM PMSF, 0.5 mM DTT) for 2 h at 4 °C. Protein concentration was determined using a Bio-Rad Protein Assay Kit (BioRad).

**Electrophoretic mobility shift assay (EMSA)**

Complementary oligonucleotides (Table 4.1) corresponding to the two putative STAT5-binding sites in the distal 5'-flanking region of human IGF-I gene were annealed by heating to 90 °C for 10 min and slowly cooling to 25 °C over 1 h. Approximately 500 ng of double-stranded oligonucleotides were end-labeled with 3²P using 1 μL of T4 polynucleotide kinase (Promega) and 5 μL of [γ-³²P]ATP (30 Ci/mmol, 2 mCi/mL) (PerkinElmer Life and Analytical Sciences, Inc.) for 1 h at 37 °C. The ³²P-labeled probes were purified with phenol-chloroform extraction followed by filtration through Quick Spin Sephadex G-25 columns (Roche Applied Science). The activity of the probes was estimated by liquid scintillation counting.

Ten microgram of nuclear proteins were incubated with 2 μg of anti-STAT5a (Upstate Biotechnology, Inc., Lake Placid, NY), anti-STAT5b antibody (Abcam Inc., Cambridge, MA), or 2 μg of the corresponding preimmune serum in reaction buffer
containing 20% glycerol, 20 mM Tris-HCl, pH = 7.5, 100 mM KCl, 1 mM DTT, 1 mM EDTA, and 2 µg of poly(dI-dC) for 1 h at 4 °C. The binding reactions were subsequently added with $1 \times 10^5$ dpm of $^{32}$P-labeled oligonucleotide probe, and the incubations were continued for 1 h at 4 °C. The reactions were resolved on native 6% polyacrylamide gels. After electrophoresis, the gels were dried, exposed to phosphor screens, and scanned on a Molecular Imager FX System (Bio-Rad).

**Chromatin immunoprecipitation (ChIP) assay**

This assay was performed as described (Weinmann and Farnham, 2002) with minor modifications. Approximately $1 \times 10^6$ Hep G2 cells were transiently transfected with 20 µg of STAT5b\textsuperscript{CA} expression plasmid. Forty-eight hours after transfection, the cells were cross-linked with 1% formaldehyde for 15 min at room temperature, followed by termination of the reaction with 125 mM glycine. Cells were washed with ice cold PBS containing protease inhibitors (1 mM PMSF, 1 µg/mL aprotinin and 1 µg/mL pepstatin A) and scraped from the dishes, followed by centrifuging at 1,811 g for 10 min at 4 °C. Cells were lysed in cell lysis buffer (10 mM HEPES pH = 7.9, 1.5 mM MgCl\textsubscript{2}, 10 mM KCl, 0.2 mM PMSF, 0.5 mM DTT), and then homogenized with 10 up-and-down strokes in a glass Dounce homogenizer using type B pestle to release nuclei. Nuclei were collected after centrifugation at 3,220 g for 15 min at 4 °C. The nuclei were subsequently sonicated with 10 pulses of 10 s each at power setting 35% using the sonic dismembrator model 300 (Fisher) at 4 °C. The following steps were performed using a ChIP kit, following the manufacturer's directions (Upstate Biotechnology, Inc.) with minor modifications. Briefly, 10% of the sonicated chromatin was saved as "input," and the rest
was cleared twice to reduce nonspecific immunoprecipitation with salmon sperm DNA/protein A-agarose slurry at 4 °C for 30 min. One half of the precleared chromatin was incubated with 3 µg of anti-STAT5b antibody (Abcam Inc.), and the other half was incubated with 3 µg of preimmune rabbit serum at 4 °C overnight. The immunocomplexes were collected with protein A-agarose and washed stringently to remove nonspecific antibody binding, which included once with low salt immune complex wash buffer, once with high salt immune complex wash buffer, once with LiCl immune complex wash buffer, and twice with TE buffer. After washing, the DNA-protein complexes were eluted, and the cross-linking was reversed by incubation at 65 °C overnight. The DNA from input-, antibody-, or preimmune serum-treated chromatin samples was isolated and purified by standard proteinase K digestion, phenol-chloroform extraction, and ethanol precipitation. The purified DNA from each sample was resuspended in 20 µL of water. From the purified DNA, the relative levels of the STAT5-binding site-containing distal 5'-flanking region of IGF-I gene were quantified by PCR with primers hIGF-I-7336F and hIGF-I-7674R (Table 4.1) under 35 cycles of 94 °C for 1 min, 55 °C for 1 min, and 72 °C for 30 s, and the relative levels of IGF-I exon 4 were quantified by PCR with primers bIGF-I-E4F1 and bIGF-I-E4R3 (Table 4.1) under 35 cycles of 94 °C for 30 s, 55 °C for 30 s, and 72 °C for 45 s.

**Real time reverse transcription-PCR**

Approximately 1 x 10^6 Hep G2 cells were transiently transfected with 20 µg of STAT5b^CA expression plasmid. Total RNA was isolated 48 h after transfection using TRI reagent (Molecular Research Center, Inc.). The RNA quality was confirmed by gel
electrophoresis. One microgram of RNA was reverse transcribed using 10 pmol of dNTPs, 250 nmol of DTT, 200 ng of random hexamers, 0.5 μL of RNasin ribonuclease inhibitor, and 1 μL of ImProm-II™ reverse transcriptase (Promega) in 1 × first-strand buffer at 42 °C for 2 h. The levels of IGF-I mRNA and GAPDH mRNA were subsequently quantified with real time PCR using TaqMan Gene Expression Assays identification numbers Hs00153126_m1 and Hs99999905_m1, respectively, and TaqMan Universal PCR Master Mix on an Applied Biosystems 7300 Real Time PCR System (Applied Biosystems). The real time PCR conditions were 50 cycles of 95 °C for 15 s and 60 °C for 1 min. The real time PCR data were analyzed using the $2^{-\Delta\Delta C_T}$ method, according to the manufacturer’s directions.

**Statistical analysis**

The luciferase activity data from transfection and real time PCR analyses were analyzed by one-factor analysis of variance, followed by t test to compare two means or the Tukey test to compare multiple means. All of the statistical analyses were performed using the respective programs of SAS (SAS Institute). The statistical model is $Y_{ij} = \mu + \alpha_i + \epsilon_{ij}$. $\mu$ represents mean; $\alpha_i$ represents $i^{th}$ treatment effect; $\epsilon_{ij}$ represents error of treatment $i$. All of the data are expressed as the means ± SEM.

**Results**

*Bovine IGF-I proximal promoter does not appear to contain a growth hormone-responsive element*

Regulatory DNA elements are often identified in the proximal promoter region; therefore, we determined whether a 3.7 kb bovine IGF-I DNA region containing
promoters for both class 1 and class 2 IGF-I mRNA contains GH-responsive elements. The promoter reporter construct (bIGF-I-3.7K) was transfected into different cell lines, including FIB, Hep G2, Huh-7 and C2C12 cells. FIB cells are fibroblasts and were shown to express IGF-I mRNA in culture (Dr. R. M. Akers, personal communication). Hep G2 and Huh-7 cells are human hepatoma-derived cell lines. Since liver is the major source of IGF-I production and has the highest response to GH, these two hepatoma-derived cell lines may still have GH-responsiveness. A mouse myogenic C2C12 cell line has been demonstrated to express IGF-I mRNA and rapidly respond to physiological levels of GH (Sadowski et al., 2001; Frost et al., 2002), and therefore might be a good model system to study GH regulation of IGF-I mRNA. However, the bovine IGF-I promoter reporter gene construct did not respond to GH in Hep G2 or C2C12 cells (Figure 4.1) or FIB or Huh-7 cells (data not shown). These observations are consistent with many studies that attempted to identify GH-responsive DNA regions in the IGF-I promoter or IGF-I intronic regions proximal to the transcription start site (Thomas et al., 1994; Le Stunff et al., 1995; Thomas et al., 1995; Ye et al., 1997; Benbassat et al., 1999), suggesting that the proximal promoter region does not contain a GH-responsive element. Alternatively, the cell systems used do not contain appropriate GH signaling pathways, or are not sensitive enough for transient transfection analysis of GH-responsive elements.

Identification of STAT5-binding enhancers in a 170 kb human chromosomal region containing the IGF-I gene

To identify potential distal GH-responsive DNA regions, we mapped a 170 kb BAC sequence containing the entire human IGF-I gene and the ~ 84 kb 5'-flanking region
for STAT5-binding enhancers, which might be the regions mediating GH activation of IGF-I gene expression in bovine (At that time, most of the bovine IGF-I genomic sequence was not available). A shotgun library of this 170 kb BAC insert was constructed in the enhancer-less pGL2-Promoter vector pGL2P. From this library, 115 plasmids, which contained inserts 2 ~ 4 kb and were estimated to give a two-fold coverage of the 170 kb BAC sequence, were each cotransfected with a plasmid expressing the constitutively active STAT5 mutant STAT5a-N642H (Ariyoshi et al., 2000) or the empty plasmid into MAC-T cells. As shown in Figure 4.3, the activity of the positive control construct GHRE that contains 12 copies of STAT5-binding site from the Spi 2.1 gene (Wood et al., 1997) was increased 6.5-fold on average by STAT5a-N642H, validating the effectiveness of the assay in identifying STAT5-responsive enhancers. The increases (or decreases) in reporter gene expression from most of the IGF-I DNA-containing pGL2P plasmids were within two standard deviations (0.267) of that from the vector plasmid (Figure 4.4), and these changes were considered not significant. The increases in reporter gene expression from five plasmids, plasmids 11, 43, 73, 74, and 94, were greater than two standard deviations of that from pGL2P (Figure 4.2), and the DNA inserts in these five plasmids were believed to have the ability to mediate STAT5 activation of gene expression and were selected to be sequenced. By aligning the sequences of these inserts with the sequence (GenBank accession number AC010202) of the 170 kb BAC insert, the inserts in plasmids 11, 43, 73, and 94 were found to belong to the 5'-flanking region of the IGF-I gene and the insert in plasmid 74 corresponded to IGF-I exon 3 and its downstream region. The inserts in plasmids 73 and 94 were further found to overlap over
a 1.2 kb DNA fragment that is located ~ 75 kb 5' from IGF-I exon 1, corresponding to the region between nucleotide 6804 and nucleotide 8046 in GenBank accession number AC010202 (Figure 4.3A).

*A distal 5'-flanking region of IGF-I gene shared by plasmids 73 and 94 contains two consensus STAT5-binding sites*

Because plasmids 73 and 94 overlapped over a 1.2 kb distal 5'-flanking region of the IGF-I gene, we suspected that this overlapped region might be the reason why these two plasmids could mediate STAT5 activation of gene expression. We analyzed this overlapped 1.2 kb DNA sequence for putative STAT5-binding sites using the MATCH program (Kel et al., 2003). Two potential STAT5-binding sites were identified, being 100% identical to the consensus STAT5-binding sequence TTCC/tT/cagG/aGAA (Soldaini et al., 2000; Ehret et al., 2001) and located ~ 200 bp apart (Figure 4.3B). Containing two closely located consensus STAT5-binding sites suggests that the inserts in plasmids 73 and 94 may mediate STAT5 activation of reporter gene expression through direct interactions with STAT5 at these sites. We also searched the inserts in plasmids 11, 43, and 74 for potential STAT5-binding sites. Plasmids 11 and 74 each contained one consensus STAT5-binding site (sequence not shown), suggesting that these plasmids may also mediate STAT5 transactivation via direct binding of STAT5. Plasmid 43 did not contain a consensus STAT5-binding site; the DNA insert in this plasmid may contain an unconventional STAT5-binding site, or it may mediate transactivation through a second transcription factor that is activated by STAT5.
A computer search of the 170 kb BAC sequence revealed 29 putative STAT5-binding sites (TTCC/tT/cagG/aGAA) in addition to the five STAT5-binding sites identified by the transfection analysis. One of these 29 putative STAT5-binding sequences was located in the IGF-I proximal promoter region (at 83472 in GenBank accession number AC010202), but the IGF-I promoter containing this putative STAT5-binding sequence did not respond to constitutively active STAT5 protein in the transient transfection analysis (Figure 4.4). This result together with the fact that 115 shotgun plasmids of the 170 kb BAC sequence were analyzed in the transfection analysis suggest that most of these 29 putative STAT5-binding sites probably do not have the ability to mediate STAT5 activation of gene expression, perhaps because they are not located in the right sequence context (Decker et al., 1997). However, it is also possible that some of these 29 putative STAT5-binding sites were missed in the transfection analysis.

A 700-bp distal 5'-flanking region of IGF-I gene including the two putative STAT5-binding sites shared by plasmids 73 and 94 is evolutionarily conserved

The sequences of functionally important regulatory DNA regions are often conserved during evolution (Gottgens et al., 2000; Loots et al., 2000; Cooper and Sidow, 2003; Santini et al., 2003; Thomas et al., 2003; Frazer et al., 2004). We next determined whether the sequence of the DNA region shared by plasmids 73 and 94 and the sequences of the two putative STAT5-binding sites are conserved among the genomes of different species. By aligning the sequence of this overlapped DNA region with that of the mouse and rat genomes in GenBank, a ~700 bp DNA region shared by plasmids 73 and 94 was found to have a highly homologous region (> 80% identity) at 71 kb from IGF-I exon 1.
in the mouse genome and at 74 kb from IGF-I exon 1 in the rat genome (Figure 4.3B). Blast result showed that the 700 bp region was also conserved (> 90%) in the bovine genome. Using PCR, from a BAC clone containing the bovine IGF-I gene (RP42-161J14), which was isolated by screening a bovine BAC library with a bovine IGF-I promoter-specific probe, we were able to amplify a bovine DNA region that is more than 90% identical to the 700 bp distal 5'-flanking region of human IGF-I gene (Figure 4.3B), suggesting that the conserved 700 bp region is also located near (< 200 kb) the IGF-I gene in the bovine genome. The 700 bp region is not conserved in the chicken and fish genomes; however, since it has not been confirmed that GH can regulate IGF-I gene expression in these two species, it is hard to tell the importance of the 700 bp region.

A similar sequence alignment, however, revealed that none of the putative STAT5-binding sites in plasmids 11, 43, and 74, which were identified in the transfection analysis (Figure 4.2) were located in homologous regions between the human genome and the bovine, mouse and rat genomes. Within 29 additional putative STAT5-binding sites in the 170 kb BAC sequence which were identified based on their sequences, only one was conserved (> 80%) across these four species. This site is located in an intronic region about 50 kb downstream from exon 3; however, it did not respond to constitutively active STAT5 protein in the transient transfection analysis.

The 700 bp distal 5'-flanking region of IGF-I gene can function as a STAT5-responsive enhancer

To determine whether the evolutionarily conserved, STAT5-binding site-containing 700 bp distal 5'-flanking region of IGF-I gene can mediate transactivation by
STAT5, the 700 bp DNA region was inserted 5' to the SV40 promoter in the enhancer-less pGL2P plasmid to generate plasmid 700bpIGF-pGL2P. As shown in Figure 4.4, the reporter gene expression from the SV40 promoter in this plasmid was increased \((P < 0.01)\) by the constitutively active STAT5a mutant STAT5a-N642H (Figure 4.4A) or the constitutively active STAT5b mutant STAT5bCA (Figure 4.4B). In the same cotransfection analyses, the corresponding bovine 700 bp region has a similar effect (Figure 4.4A and B). However, a human IGF-I intron 2 region corresponding to the recently identified GH-responsive rat IGF-I intron 2 region (Woelfle et al., 2003b) was unable to mediate STAT5a (Figure 4.4A) or STAT5b (Figure 4.4B) activation of reporter gene expression.

To determine whether the 700 bp DNA region can also mediate STAT5 activation of gene transcription from IGF-I promoter, cotransfection analyses were performed on plasmids IGFP1-pGL2B and 700bp-IGFP1-pGL2B, each containing a human IGF-I promoter. As can be seen from Figure 4.4, STAT5a-N642H (Figure 4.4A) or STAT5bCA (Figure 4.4B) activated \((P < 0.01 \text{ for STAT5a-N642H, } P < 0.05 \text{ for STAT5bCA})\) reporter gene expression from construct 700bp-IGFP1-pGL2B, indicating that the 700 bp DNA region can mediate STAT5 activation of gene transcription from IGF-I promoter. However, the extent to which 700bp-IGFP1-pGL2B was activated by STAT5a-N642H or STAT5bCA was less than the extent to which 700bp-pGL2P was activated (Figure 4.4). The reason for this difference was perhaps because the MAC-T cells used in this transfection analysis did not contain sufficient protein factors to interact with the IGF-I proximal promoter.
We also determined whether the 700 bp DNA region can function as a promoter. Insertion of the 700 bp region into promoter-less pGL2B did not increase reporter gene expression from this plasmid in Hep G2, CHO, and MAC-T cells (Figure 4.4C), indicating that the 700 bp DNA region is unlikely a promoter or part of a promoter. 

The two putative STAT5-binding sites in the distal 5'-flanking region of IGF-I gene can bind to STAT5 proteins in vitro

To determine whether the two putative STAT5-binding sites within the 700 bp distal 5'-flanking region of IGF-I gene can bind to STAT5a or STAT5b protein, electrophoretic mobility shift assays were performed using an oligonucleotide probe corresponding to either STAT5-binding site and nuclear proteins from CHO cells transfected with either STAT5a-N642H or STAT5b\textsuperscript{CA} or from untransfected cells. As shown in Figure 4.5A, incubation of the oligonucleotide probe corresponding to either putative STAT5-binding site in the 700 bp DNA region with nuclear proteins from cells transfected with STAT5a-N642H resulted in two new DNA-protein complexes (denoted A1 and A2 in Figure 4.5A), compared with the incubation with nuclear proteins from the untransfected cells (Figure 4.5A). These two new DNA-protein complexes were disrupted (A2) or partially disrupted (A1) by preincubation of the nuclear proteins with an antibody against STAT5a (Figure 4.5A), indicating the presence of STAT5a protein in these DNA-protein complexes. The complex A2 moved more slowly than A1. As STAT5a binds to its DNA sequence in the form of dimer or tetramer (John et al., 1999), complex A2 may contain a tetrameric form of STAT5a. When incubated with nuclear proteins from cells overexpressing STAT5b\textsuperscript{CA}, the oligonucleotide probe corresponding
to either STAT5-binding site also formed a new DNA-protein complex, compared with the incubation of the same probe with nuclear proteins from untransfected cells (Figure 4.5B). This new DNA-protein complex (denoted B in Figure 4.5B) was supershifted (the supershift was denoted S in Figure 4.5B) when an antibody against STAT5b was added to the incubation, indicating the presence of STAT5b protein in this complex.

Further EMSA analyses were performed using nuclear proteins from CHO cells transfected with bovine GHR and wild-type STAT5 expression plasmids, and treated with 500 ng/ml bovine GH or PBS for 30 min. Two DNA-protein complexes (denoted A1 and A2 in Figure 4.5C, B1 and B2 in Figure 4.5D) were formed between the oligonucleotide probe corresponding to either STAT5-binding site and the nuclear proteins in these EMSA. They were either partially (A1 in Figure 4.5C) or completely disrupted (A2 in Figure 4.5C, and B1 and B2 in Figure 4.5D) by addition of STAT5 antibodies. The results of these EMSA indicate that the two STAT5 binding sites in the distal 700 bp region can bind to GH-activated STAT5 proteins too. As discussed above, complexes A2 and B2 (Figure 4.5C and D) may contain tetramers of STAT5 proteins, which caused these complexes to have a slower migration compared to complexes A1 and B1 (Figure 4.5C and D).

The results of these gel shift assays demonstrate that the two putative STAT5-binding sites in the 700 bp distal 5'-flanking region of IGF-I gene can bind to STAT5a and STAT5b proteins at least \textit{in vitro}.

\textit{The two STAT5-binding sites are necessary for the 700 bp distal 5'-flanking region of IGF-I gene to mediate STAT5 activation of reporter gene expression}
To determine whether the two STAT5-binding sites are necessary for the 700 bp DNA region to mediate STAT5 activation of gene expression, cotransfection analyses were performed on reporter gene plasmids containing mutation in either or both STAT5-binding sites. As shown in Figure 4.6, the ability of the 700 bp distal 5'-flanking region of IGF-I gene to mediate STAT5a-N642H (Figure 4.6A) or STAT5bCA (Figure 4.6B) activation of reporter gene expression was inhibited ($P < 0.05$) when either or both STAT5-binding sites were mutated in the region, indicating that both STAT5-binding sites are essential for the 700 bp DNA region to mediate STAT5 transactivation and that they probably do so in a cooperative manner.

**The two STAT5-binding sites in the context of chromatin can be bound by STAT5, and the binding is associated with increased expression of IGF-I mRNA**

To further determine whether the two STAT5-binding sites in the distal 5'-flanking region of IGF-I gene can bind to STAT5 protein when they are in the context of chromatin, Hep G2 cells were transfected with constitutively active STAT5bCA expression plasmid, and binding of STAT5bCA to the 700 bp distal 5'-flanking region of IGF-I gene in these cells was analyzed with ChIP assay. As shown in Figure 4.7A, from the STAT5bCA-transfected Hep G2 chromatin, anti-STAT5b antibody precipitated more of the STAT5-binding site-containing distal 5'-flanking region of IGF-I gene than preimmune serum, whereas it did not recover IGF-I exon 4 DNA that does not contain a STAT5-binding site (the recovery of IGF-I exon 4 DNA by preimmune serum was probably nonspecific). These results indicate that STAT5b can bind to the two STAT5-binding site-containing distal 5'-flanking region of the IGF-I gene in Hep G2 cells,
perhaps at the two STAT5-binding sites. A real time reverse transcription-PCR analysis revealed that Hep G2 cells transfected with STAT5bCA expressed approximately three times more IGF-I mRNA than untransfected Hep G2 cells (Figure 4.7B), whereas transfected and untransfected Hep G2 cells had the same levels of GAPDH mRNA (data not shown). Increased expression of IGF-I gene may be the result of binding of active STAT5b to the STAT5-binding site-containing distal 5'-flanking region of IGF-I gene.

*The distal 5'-flanking region of IGF-I gene can mediate GH-stimulation of reporter gene expression in a STAT5-binding site-dependent manner*

The above experiments demonstrated that the two STAT5-binding sites in the 700 bp distal 5'-flanking region of IGF-I gene can bind to STAT5 protein and that binding of STAT5 protein to them increases IGF-I gene expression. We next asked whether the 700 bp DNA region containing these two STAT5-binding sites can mediate GH-induced STAT5 activation of gene expression. Because a natural GH-responsive cell system is not available, we tested the ability of the 700 bp DNA region to mediate GH-induced gene transcription by cotransfection of the 700 bp DNA region-containing reporter gene construct with a GHR expression plasmid and a wild-type STAT5 expression plasmid into cells. As shown in Figure 4.8, GH caused a moderate but statistically significant ($P < 0.05$) increase in reporter gene expression from the TK promoter linked to the 700 bp DNA region in the presence of either wild-type STAT5a or wild-type STAT5b, whereas GH had no effect on reporter gene expression when the TK promoter was not linked to the 700 bp DNA region. Furthermore, mutation of either or both STAT5-binding sites completely abolished the GH response (Figure 4.8), indicating that the 700 bp distal 5'-
flanking region of IGF-I gene mediated GH-induced STAT5 activation of gene expression through the two STAT5-binding sites.

**Discussion**

Because of the lack of convenient GH-responsive, IGF-I expressing cell systems, and complex IGF-I gene structure, it has been difficult to identify the *cis*-regulatory DNA regions that mediate GH regulation of IGF-I gene expression. Therefore, we took an indirect approach to identify these *cis*-regulatory DNA regions. Based on recent findings that GH regulation of IGF-I gene expression in liver depends on STAT5b (Udy et al., 1997; Teglund et al., 1998; Davey et al., 2001; Woelfle et al., 2003a) and STAT5a (Teglund et al., 1998), we screened the entire human IGF-I gene and an extensive 5'-flanking region of this gene for sequences that can function as STAT5-binding enhancers through cotransfection analysis of shotgun DNA fragments of an IGF-I DNA-containing BAC clone in the presence of constitutively active STAT5a (Ariyoshi et al., 2000). A 700 bp DNA region 75 kb upstream of IGF-I exon 1 was found to have the ability to mediate STAT5 activation of gene expression. This region contains two closely located STAT5-binding sites that were demonstrated to be able to bind to STAT5 proteins. Binding of STAT5 to this region increased gene expression from both heterologous and homologous promoters. Binding of STAT5 to the region in chromatin was associated with increased IGF-I mRNA expression. These results indicate that this two STAT5-binding site-containing distal 5'-flanking region of IGF-I gene may be a *cis*-regulatory region that mediates GH-induced STAT5 activation of IGF-I gene expression.
Recently, an intron 2 region of the rat IGF-I gene was found to contain two STAT5-binding sites that mediate GH-induced STAT5 activation of IGF-I gene expression in the rat liver (Woelfle et al., 2003b). However, the corresponding human and bovine IGF-I intron 2 region appears to contain only one STAT5-binding site. In the cotransfection analysis, the human IGF-I intron 2 region was unable to enhance gene expression in the presence of constitutively active STAT5 protein. These observations suggest that, unlike the rat IGF-I intron 2 region, the human and bovine IGF-I intron 2 region probably does not play an important role, if it plays a role, in mediating GH-induced STAT5 activation of IGF-I gene expression. Compared with the intron 2 region, the distal 5′-flanking region of the human IGF-I gene identified in this study contains two perfect STAT5-binding sites that can bind to STAT5 and mediate STAT5 activation of gene expression. Therefore, GH-induced STAT5 activation of IGF-I gene expression in humans and probably in some other species is more likely mediated by this distal 5′-flanking region than by the intron 2 region.

The sequences of functionally important regulatory DNA regions are often conserved during evolution (Gottgens et al., 2000; Loots et al., 2000; Cooper and Sidow, 2003; Santini et al., 2003; Thomas et al., 2003; Frazer et al., 2004). The corresponding STAT5-binding distal 5′-flanking regions of the IGF-I genes from rat, mouse, human, and bovine are highly similar in sequence, being 85% identical over a 700 bp region. In contrast, the sequences of the corresponding IGF-I intron 2 regions are only moderately homologous among these species, being 64% identical over a 160 bp region (data not shown). Thus, we speculate that the STAT5-binding distal 5′-flanking region of IGF-I
gene identified in this study may be an enhancer mediating GH-induced STAT5 activation of IGF-I gene expression in a wide variety of species, and some evidence has already shown that it is true in bovine (Figure 4.4) and rat (Chia et al., 2005). If this distal 5'-flanking region of IGF-I gene indeed mediates GH stimulation of IGF-I gene expression in mice and rats, it may explain why previous searches of IGF-I DNA regions proximal to the transcription start site failed to identify GH-responsive regulatory regions (Thomas et al., 1994; Le Stunff et al., 1995), why reporter gene constructs containing the IGF-I promoter and proximal introns were not GH-responsive in the liver of transgenic mice (Ye et al., 1997), and why screening a 30 kb rat 5'-flanking region of IGF-I gene did not detect any GH-responsive DNA-protein interactions in the liver (Bichell et al., 1992).

The results from this study strongly suggest that the two STAT5-binding site-containing distal 5'-flanking region of IGF-I gene is a cis-regulatory DNA region that mediates GH-induced STAT5 activation of IGF-I gene expression in humans and perhaps in other species as well. It remains to be determined whether this distal STAT5-binding enhancer is sufficient for GH stimulation of IGF-I gene expression and how the interaction between this distal enhancer and STAT5 protein activates IGF-I gene transcription. Given its distance from the IGF-I gene, this STAT5-binding enhancer can be categorized as a long range enhancer. An increasing number of such long range enhancers have been identified (Jarman et al., 1991; Blackwood and Kadonaga, 1998; Carter et al., 2002; Calhoun and Levine, 2003; Nobrega et al., 2003; Serizawa et al., 2003). Several mechanisms have been proposed for how long range enhancers affect transcription (Blackwood and Kadonaga, 1998; Bonifer, 1999; Carter et al., 2002;
Bondarenko et al., 2003), including DNA looping and direct interaction with RNA polymerase II and indirect interaction with RNA polymerase II through mediators, chromatin remodeling complexes, or transcription factors binding to the proximal promoter. Which of these mechanisms is used by the distal enhancer and STAT5 protein in mediating GH-stimulation of IGF-I transcription remains to be tested.
Table 4.1. Sequences of oligonucleotides used in this study. The restriction sites are italicized.

<table>
<thead>
<tr>
<th>Name</th>
<th>Sequence</th>
<th>Application</th>
</tr>
</thead>
<tbody>
<tr>
<td>bIGF-I-PF1</td>
<td>5’-AAAGGTACCCCCCTGAAACTTCCCAACTT-3’</td>
<td>PCR of bIGF-I and hIGF-I proximal promoter</td>
</tr>
<tr>
<td>bIGF-IP1381F</td>
<td>5’-CCCCGTTACCAGGAAAAAGCATGAGA-3’</td>
<td></td>
</tr>
<tr>
<td>hIGF-I-82400F</td>
<td>5’-AAGGGTACCCTTTGCTCTTGACATTCA-3’</td>
<td></td>
</tr>
<tr>
<td>bIGF-I-PR1</td>
<td>5’-ACTCTCGAGATGGTTGGAAGACTGCTG-3’</td>
<td></td>
</tr>
<tr>
<td>bIGF-I-PR2</td>
<td>5’-AAAACCTCAGACGAAAATTTTGAGGGCAAT-3’</td>
<td></td>
</tr>
<tr>
<td>hIGF-I-7312F</td>
<td>5’-GGCTCTGCCCCGAGATGGTTTGG-3’</td>
<td>PCR of 700 bp distal 5’-flanking region of hIGF-I and bIGF-I genes</td>
</tr>
<tr>
<td>hIGF-I-8004R</td>
<td>5’-TCTAAAGTACCAATTTGCTGAGGCT-3’</td>
<td></td>
</tr>
<tr>
<td>hIGF-I-7403F</td>
<td>5’-AGGAAAAATTGGCGCGCCAATCTCCCAAAGTG-3’</td>
<td>Mutation of STAT5 site 1 in 700 bp distal 5’-flanking region of hIGF-I</td>
</tr>
<tr>
<td>hIGF-I-7426R</td>
<td>5’-GAACAGTGCAGGCCCATTTCTGACTAAT-3’</td>
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</tr>
<tr>
<td>hIGF-I-7631F</td>
<td>5’-TGCACAGTCCCTGAGAAGGCAAAACCTCA-3’</td>
<td>Mutation of STAT5 site 2 in 700 bp distal 5’-flanking region of hIGF-I</td>
</tr>
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<td>hIGF-I-7654R</td>
<td>5’-CTCTTACTCCAAGGGCGGAAAGCCGAATAAATGTTGTGTA-3’</td>
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<tr>
<td>bIGF-I-E2F3993</td>
<td>5’-ACCGAATTCGTGTAAGGATCTG-3’</td>
<td>PCR of hIGF-I intron 2</td>
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<tr>
<td>bIGF-I-E3R1</td>
<td>5’-ACACGAACTGAGGACTCC-3’</td>
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</tr>
<tr>
<td>hIGF-I-7336F</td>
<td>5’-GATTTGCTTGTGCTGAGA-3’</td>
<td>PCR of STAT5 binding sites-containing distal 5’-flanking region of hIGF-I in ChIP</td>
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<tr>
<td>hIGF-I-7674R</td>
<td>5’-TGGCATGTGTTTTGAGGTTT-3’</td>
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<tr>
<td>bIGF-I-E4F1</td>
<td>5’-ACAAAGCCACCGGGGTATGAGCC-3’</td>
<td>PCR of bIGF-I and hIGF-I exon 4</td>
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<td>bIGF-I-E4R3</td>
<td>5’-CTCTGAGCCCTTGGGAGCATG-3’</td>
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<td>STAT5 site1-F</td>
<td>5’-AAATTCTTAAAGAACT-3’</td>
<td>EMSA</td>
</tr>
<tr>
<td>STAT5 site1-R</td>
<td>5’-AGTTTCTTGAATTTT-3’</td>
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<tr>
<td>STAT5 site2-F</td>
<td>5’-TTTTTTCTTGAAGTA-3’</td>
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<td>pGL2B-SEQ-F</td>
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<td>pGL2B-260R</td>
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<td>T7 promoter</td>
<td>5’-TAATACGACTCTATAGGG-3’</td>
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<tr>
<td>pcDNA3-SEQ-R</td>
<td>5’-TAGAAGGCCACAGTCGAGGC-3’</td>
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Table 4.2. Plasmid constructs used in this study.

<table>
<thead>
<tr>
<th>Construct name</th>
<th>Vector</th>
<th>Cloning sites</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>bIGF-I-1.9K</td>
<td>pGL2-Basic</td>
<td>Kpn I, Xho I</td>
<td>Bovine IGF-I proximal promoter 1 in promoterless vector</td>
</tr>
<tr>
<td>bIGF-I-3.7K</td>
<td>pGL2-Basic</td>
<td>Kpn I, Xho I</td>
<td>Bovine IGF-I proximal promoters 1 and 2 in promoterless vector</td>
</tr>
<tr>
<td>IGFP1-pGL2B</td>
<td>pGL2-Basic</td>
<td>Kpn I, Xho I</td>
<td>Human IGF-I proximal promoter 1 in promoterless vector</td>
</tr>
<tr>
<td>IGF-Intron2-pGL2P</td>
<td>pGL2-Promoter</td>
<td>Sma I, Kpn I</td>
<td>Human IGF-I Intron 2 upstream of SV40 promoter</td>
</tr>
<tr>
<td>700bp-pGL2B</td>
<td>pGL2-Basic</td>
<td>Sma I, Kpn I</td>
<td>Human IGF-I 700 bp region in promoterless vector</td>
</tr>
<tr>
<td>700bp-pGL2P</td>
<td>pGL2-Promoter</td>
<td>Sma I, Kpn I</td>
<td>Human IGF-I 700 bp region upstream of SV40 promoter</td>
</tr>
<tr>
<td>700bpm1-pGL2P</td>
<td>pGL2-Promoter</td>
<td>Sma I, Kpn I</td>
<td>First STAT5 binding site-mutated 700 bp region upstream of SV40 promoter</td>
</tr>
<tr>
<td>700bpm2-pGL2P</td>
<td>pGL2-Promoter</td>
<td>Sma I, Kpn I</td>
<td>Second STAT5 binding site-mutated 700 bp region upstream of SV40 promoter</td>
</tr>
<tr>
<td>700bpm3-pGL2P</td>
<td>pGL2-Promoter</td>
<td>Sma I, Kpn I</td>
<td>Both STAT5 binding sites-mutated 700 bp region upstream of SV40 promoter</td>
</tr>
<tr>
<td>700bp-IGFP1-pGL2B</td>
<td>pGL2-Basic</td>
<td>Sma I, Kpn I</td>
<td>Human IGF-I 700 bp region upstream of human IGF-I proximal promoter 1</td>
</tr>
<tr>
<td>b700bp-pGL2P</td>
<td>pGL2-Promoter</td>
<td>Sma I, Kpn I</td>
<td>Bovine IGF-I 700 bp region upstream of SV40 promoter</td>
</tr>
<tr>
<td>pGL2TK</td>
<td>pGL2-Basic</td>
<td>BamH I, Hind III</td>
<td>TK promoter in promoterless vector</td>
</tr>
<tr>
<td>700bp-pGL2TK</td>
<td>pGL2TK</td>
<td>Sma I, Kpn I</td>
<td>Human IGF-I 700 bp region upstream of TK promoter</td>
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<td>700bpm1-pGL2TK</td>
<td>pGL2TK</td>
<td>Sma I, Kpn I</td>
<td>First STAT5 binding site-mutated 700 bp region upstream of TK promoter</td>
</tr>
<tr>
<td>700bpm2-pGL2TK</td>
<td>pGL2TK</td>
<td>Sma I, Kpn I</td>
<td>Second STAT5 binding site-mutated 700 bp region upstream of TK promoter</td>
</tr>
<tr>
<td>700bpm3-pGL2TK</td>
<td>pGL2TK</td>
<td>Sma I, Kpn I</td>
<td>Both STAT5 binding sites-mutated 700 bp region upstream of TK promoter</td>
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<tr>
<td>GHRE</td>
<td>pGL2-Promoter</td>
<td>Nhe I, Bgl II</td>
<td>Twelve STAT5-binding sites upstream of SV40 promoter</td>
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<td>pcDNA3-bGHR</td>
<td>pcDNA3.1</td>
<td>BamH I, Xba I</td>
<td>Bovine GHR expression plasmid</td>
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Figure 4.1. Transfection analysis of bovine IGF-I proximal promoter reporter gene construct (bIGF-I-3.7K) in Hep G2 and C2C12 cells. Cells were transfected with 2 μg of a reporter gene plasmid containing proximal promoter of bovine IGF-I gene, with (HepG2) or without (C2C12) a plasmid expressing bovine GHR. Twenty-four hours after transfection, cells were serum-starved for 16 h, followed by 500 ng/ml of GH or vehicle (PBS) treatment for 8 h before dual-luciferase assay. The transfection was repeated three, and four times in HepG2 and C2C12 cells, respectively. The activity in control cells was set to 1 and the activity in GH-treated cells is presented as fold induction. The difference between control and GH-treated cells is not statistically significant ($P = 0.17$ for Hep G2 cells, $P = 0.08$ for C2C12 cells).
Figure 4.2. Identification of STAT5-binding enhancers from a 170 kb chromosomal region containing IGF-I gene and 5’-flanking region. Shot-gun fragments of a 170 kb BAC insert composed of human IGF-I gene and 5’-flanking region were inserted upstream the SV40 promoter in pGL2P and the resultant plasmids (numbered 1 to 115) were cotransfected into MAC-T cells with the plasmid expressing the constitutively active STAT5a mutant STAT5a-N642H or with the empty vector (pMX). pGL2P and GHRE, a pGL2P plasmid containing 12 copies of STAT5-binding sites from the Spi 2.1 gene, were used as negative and positive controls, respectively. Variation in transfection efficiency was controlled by cotransfecting pRL-CMV plasmid that encodes the Renilla luciferase. The promoter activity of each reporter construct with pMX was set at 1 and the enhancement by STAT5a-N642H was expressed as fold activation. The values presented were from one transfection experiment except for pGL2P (mean of ten independent experiments), construct GHRE, and constructs #11, 43, 73, 74, and 94 (mean of three independent experiments). The dashed line indicates the level that is two times standard deviation above the mean value for pGL2P.
Figure 4.3. A distal 5’-flanking region of IGF-I gene is evolutionarily conserved and contains two consensus STAT5 binding sites. (A) The ~ 700 bp DNA region shared by the STAT5-responsive constructs #73 and #94 in Figure 4.2 is located about 75 kb 5’ from IGF-I exon 1 in the human genome. The 700 bp DNA region is shown as a black box. The exons and introns of IGF-I gene are shown as open boxes and lines, respectively (not drawn to scale). The 5’ and 3’ border nucleotides of each exon and the 700 bp DNA region are numbered according to GenBank accession number AC010202 (version 6). (B) The 700 bp human DNA sequence has a homologous region in the bovine, mouse, and rat genome and contains two consensus STAT5 binding sites. Dots indicate identical nucleotides across species; dashes indicate gaps. The human sequence corresponds to the region 7326 to 8018 in AC010202; the bovine sequence corresponds to 22103 to 22794 in NW_290318 (version 1); the mouse sequence corresponds to the region 1931809 to 1932506 in NT_039500 (version 4); the rat sequence corresponds to the region 909722 to 910423 in NW_047774 (version 2). The two consensus STAT5 binding sites are underlined.
A.

by STAT5a-N642H

B.

by STAT5b^{CA}
Figure 4.4. The STAT5 binding sites-containing 700 bp distal 5’-flanking region of the IGF-I gene can function as an enhancer to mediate STAT5 activation of gene expression. Plasmid pGL2P is an enhancer-less plasmid containing SV40 promoter; 700bp-pGL2P and b700bp-pGL2P contain the 700 bp distal 5'-flanking region of human, or bovine IGF-I gene compared to pGL2P, respectively. Compared to pGL2P, IGF-Intron2-pGL2P contains human IGF-I intron 2 region, whose corresponding rat region has recently been found to contain GH-responsive STAT5 binding sites (Woelfle et al., 2003b). IGFP1-pGL2B is an enhancer-less plasmid containing IGF-I promoter 1; 700bp-IGFP1-pGL2B contains the 700 bp region, compared with IGFP1-pGL2B. (A) Transactivation by STAT5a-N642H; (B) Transactivation by STAT5bCA. All transfections were repeated three times (n = 3) except for b700bp-pGL2P (n = 1). The values (fold activation) correspond to the ratios of the reporter gene activity in the presence of the STAT5 mutant to that in the presence of the wild-type STAT5. a and c indicate $P < 0.01$, 700bp-pGL2P vs. pGL2P; b indicates $P < 0.01$, 700bp-IGFP1-pGL2B vs. IGFP1-pGL2B; d indicates $P < 0.05$, 700bp-IGFP1-pGL2B vs. IGFP1-pGL2B. (C) The 700 bp region has no promoter activity in CHO, Hep G2 and MAC-T cells. The values (fold activation) correspond to the ratios of the reporter gene activity in 700bp-pGL2B to that of pGL2B. The transfection was done once (n = 1).
### A.

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<tbody>
<tr>
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</tr>
<tr>
<td>Anti-STAT5a</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Preimmune serum</td>
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<td>-</td>
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- A2
- A1

### B.

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- B

### C.

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- A2
- A1

### D.

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</table>

- B2
- B1
**Figure 4.5.** Electrophoretic mobility shift assay of the two putative STAT5 binding sites. (A) Oligonucleotide probe corresponding to either STAT5 binding site (site 1 or site 2) was incubated with nuclear proteins from CHO cells transfected with (+) or without (-) STAT5a-N642H in the presence (+) or absence (-) of anti-STAT5a antibody, or in the presence of preimmune serum. ‘A1’ and ‘A2’ indicate two DNA-protein complexes that were disrupted by addition of the anti-STAT5a antibody. (B) Oligonucleotide probe corresponding to STAT5 binding site 1 or 2 was incubated with nuclear proteins from CHO cells transfected with (+) or without (-) STAT5b<sup>CA</sup> in the presence (+) or absence (-) of anti-STAT5b antibody, or in the presence of preimmune serum. ‘B’ indicates a DNA-protein complex containing STAT5b<sup>CA</sup> and ‘S’ indicates a supershift of this complex caused by the anti-STAT5b antibody. (C) Nuclear proteins prepared from CHO cells transfected with wild-type STAT5a and treated with (+) or without (-) GH were incubated with labeled oligonucleotide probe corresponding to either STAT5 binding site (site 1 or site 2) in the presence (+) or absence (-) of anti-STAT5a antibody, or in the presence of preimmune serum. ‘A1’ and ‘A2’ indicate DNA-protein complexes that were partially or completely suppressed by STAT5a antibody. (D) Nuclear proteins prepared from CHO cells transfected with wild-type STAT5b and treated with (+) or without (-) GH were incubated with labeled oligonucleotide probe corresponding to either STAT5 binding site (site 1 or site 2) in the presence (+) or absence (-) of anti-STAT5b antibody, or in the presence of preimmune serum. ‘B1’ and ‘B2’ indicate DNA-protein complexes that were completely disrupted by STAT5b antibody.
Figure 4.6. The two STAT5-binding sites are required for the distal 5'-flanking region of IGF-I gene to mediate STAT5 activation of gene expression. In reporter gene construct 700bp-pGL2P, the two STAT5-binding sites are intact; in 700bpm1-pGL2P, the first STAT5-binding site is mutated; in 700bpm2-pGL2P, the second STAT5-binding site is mutated; and in 700bpm3-pGL2P, both STAT5-binding sites are mutated. These plasmids were each cotransfected with STAT5a-N642H (A) or STAT5b<sup>CA</sup> (B) expression plasmid as described in Figure 4.4. The values are the means ± SEM (n = 3). The means with different letters are statistically different (P < 0.05).
Figure 4.7. Binding of STAT5b<sup>CA</sup> to the STAT5-binding site-containing distal 5'-flanking region of IGF-I gene is associated with increased expression of IGF-I mRNA in Hep G2 cells. (A) ChIP assay of binding of STAT5b to the STAT5-binding site-containing distal 5'-flanking region of IGF-I gene in Hep G2 cells transfected with STAT5b<sup>CA</sup>. Hep G2 cells were transfected with STAT5b<sup>CA</sup> for 48 h, and DNA-protein interactions in these cells were fixed with formaldehyde and precipitated with anti-STAT5b antibody or preimmune serum. Precipitated genomic DNA or genomic DNA prior to immunoprecipitation (input) at 1:1, 1:5, and 1:10 dilutions were analyzed by PCR for the levels of a 339 bp distal 5'-flanking region of IGF-I gene containing the two

B.

![Graph showing relative abundance of IGF-I mRNA with and without STAT5b<sup>CA</sup> binding.](image)

- **-STAT5b<sup>CA</sup>**
- **+STAT5b<sup>CA</sup>**

Relative abundance

IGF-I mRNA

* indicates significant difference.
STAT5-binding sites and a 182 bp region corresponding to IGF-I exon 4, denoted IGF-I 5' region and IGF-I exon 4, respectively. (B) Real time PCR of IGF-I mRNA in Hep G2 cells transfected with STAT5bCA or untransfected Hep G2 cells. The real time PCR was performed using TaqMan Gene Expression Assays for human IGF-I and GAPDH mRNA from ABI on ABI 7300 real time PCR System. The values are the means ± SEM (n = 3) after normalization to GAPDH mRNA levels (internal control). *, P < 0.05, + STAT5bCA versus – STAT5bCA.
Figure 4.8. The distal 5'-flanking region of IGF-I gene can mediate GH-induced STAT5 activation of gene expression. Plasmid pGL2TK is an enhancer-less plasmid containing TK promoter; 700bp-pGL2TK contains the 700-bp distal 5'-flanking region of IGF-I gene compared with pGL2TK. In constructs 700bpm1-pGL2TK, 700bpm2-pGL2TK, and 700bpm3-pGL2TK, STAT5-binding site 1, site 2, or both STAT5-binding sites are mutated. MAC-T cells were transfected with each reporter gene plasmid, a plasmid expressing bovine GHR, and a plasmid expressing the wild-type STAT5a (A) or STAT5b
(B). Twenty-four h after transfection, the cells were serum-starved for 16 h, followed by GH or vehicle treatment for 8 h before dual luciferase assay. The values are expressed as the means ± SEM (n = 3). The means with different letters are statistically different ($P < 0.05$).
Conclusions

The IGF-I gene plays as an important role in growth, development and metabolism in mammals including cattle. This dissertation research shed some light on how the IGF-I gene is expressed and how IGF-I gene expression is regulated by GH and nutritional intake in cattle, an agriculturally important species. Based on this research, the bovine IGF-I gene is expressed as class 1 and class 2 IGF-I mRNA variants in many tissues; class 1 IGF-I mRNA is more abundant and probably translated more efficiently than class 2 IGF-I mRNA in a given tissue. These characteristics of IGF-I gene expression in cattle are similar to those in other mammals. The research also indicates that in cattle GH stimulates a greater increase in class 2 IGF-I mRNA than in class 1 IGF-I mRNA in the liver, whereas food deprivation causes equivalent decreases in them. This subtle difference between the effect of GH and that of food deprivation on IGF-I gene expression may suggest that the latter effect is not solely mediated by GH resistance, as widely believed by the field. Therefore, future investigation of the mechanism of nutritional regulation of IGF-I gene expression should extend beyond the effect of nutritional status on GH receptor signaling.

The major finding of this dissertation research is the identification of a distal 5’-flanking region of the IGF-I gene as a potential enhancer that mediates GH-induced STAT5 activation of IGF-I gene expression, based on a variety of in vitro studies and the apparently evolutionary conservation of the sequence of the DNA region. While this dissertation is under revision, an electronic publication (Chia et al., 2005) by Rotwein’s group in collaboration with our lab presented evidence that the corresponding DNA
region in the rat liver was bound by STAT5b in response to GH. Therefore, the distal 5’-flanking region of the IGF-I gene identified in this research likely plays an important role in mediating GH regulation of IGF-I gene expression in animals, including cattle. Given the role of this DNA region in binding to GH-induced STAT5 protein, it is possible that the cattle that do not bear the right sequence for this DNA region may produce less IGF-I in response to GH action and hence less meat or milk than the cattle containing the right sequence. We recommend that breeding cattle be screened for whether they contain the right sequence for this DNA region.


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